

CURRICULUM VITAE
Tricia M. Leahey, Ph.D.

University of Connecticut
College of Agriculture, Health, and Natural Resources
Department of Allied Health Sciences
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EDUCATION

Post-doctoral Fellowship 2008-2010	Brown University NIH F32 NRSA (NIDDK), Obesity Research
Clinical Psychology Internship 2007-2008	Brown University Behavioral Medicine and Obesity Research
Doctor of Philosophy 2008	Kent State University Clinical Psychology (specialization in Health Psychology)
Master of Arts 2004	Kent State University Clinical Psychology (specialization in Health Psychology)
Bachelor of Arts 2002	State University of New York at Binghamton Psychology

ACADEMIC APPOINTMENTS

2014-present	Associate Professor, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
2014-present	Co-Director, Weight Management Research Group, University of Connecticut, Hartford, CT.
2014-2018	Adjunct Professor (Research), Department of Psychiatry and Human Behavior, Brown University, Providence, RI.
2010-2014	Assistant Professor (Research), Department of Psychiatry and Human Behavior, Brown University, Providence, RI.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

2011-present	Society of Behavioral Medicine
2007-present	The Obesity Society
2001-present	American Psychological Association

HONORS & AWARDS

INTERNATIONAL

2013	Award for Excellence in Science with a Focus on eHealth / mHealth, The Obesity Society.
2012	Award for Excellence in Science with a Focus on eHealth / mHealth, The Obesity Society.
2007	Pat Simmons Travel Grant, The Obesity Society.

NATIONAL

2013-2020	Distinguished Faculty, NIH OBSSR / NHLBI Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions. Coordinators: Peter Kauffman, PhD, NHLBI; Catherine Stoney, PhD, NHLBI; Kenneth Freedland, PhD, University of Washington School of Medicine in St. Louis.
2017	Invited to serve as Chair of the Psychosocial, Risk, and Disease Prevention (PRDP) Study Section, NIH.
2016	Research Excellence Citation Award, Society of Behavioral Medicine.
2012	Distinguished Fellow, NIH OBSSR / NHLBI 2011 Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions.
2009-2012	Loan Repayment Award Recipient, NIH, NIDDK.
2008-2010	Ruth L. Kirschstein Fellowship Award (F32), NIH, NIDDK.

REGIONAL / LOCAL

2020	Research Excellence Award, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2017-2019	Provost Recognition for Teaching Excellence, University of Connecticut.
2012-2013	Research Mentor Award, Brown University.
2006-2007	Lillian Friedman Fellowship Award, Kent State University.

- 2006-2007 Research Fellowship Award, Kent State University.
- 2005 Distinguished Teaching Award, Kent State University.

SCIENTIFIC AND SCHOLARLY SERVICE ACTIVITIES

INTERNATIONAL SCIENTIFIC COMMITTEES

- 2020 Scientific Reviewer, The Obesity Society's Abstract Review Committee.
- 2019 Scientific Review Committee, The Obesity Society's Grants Program.
- 2018 Scientific Review Committee, The Obesity Society's Grants Program.
- 2017 Scientific Review Committee, Dutch Research Counsel, Netherlands Organisation for Scientific Research, Scientific Review Officer: Marijn Hollestelle.
- 2017 Scientific Review Committee, The Obesity Society's Weight Watchers Karen Miller-Kovach Research Grant.
- 2017 Scientific Review Committee, The Obesity Society's Early Career Research and Challenge Grants.
- 2016 Scientific Reviewer, The Obesity Society's Abstract Review Committee.
- 2013 Scientific Reviewer, The Obesity Society's Abstract Review Committee.
- 2012 Scientific Reviewer, Harvard Medical School's 5th World Congress on Social Media, Mobile Apps, and Internet, Conference Abstract Review Committee.

NATIONAL SCIENTIFIC COMMITTEES

- 2020 Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine, CSR Scientific Review Officer, Weijia Ni.
- 2020 Scientific Reviewer, Society of Behavioral Medicine Abstract Review Committee.
- 2020 Abstract Awards Committee, Society of Behavioral Medicine.
- 2019 Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine, CSR Scientific Review Officer, Weijia Ni.
- 2019 External NIH Grant Reviewer, University of South Carolina.

- 2019 Scientific Reviewer, Society of Behavioral Medicine Abstract Review Committee.
- 2018 Scientific Reviewer, Society of Behavioral Medicine Abstract Review Committee.
- 2018 Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine, CSR Scientific Review Officer, Weijia Ni.
- 2017 Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine, CSR Scientific Review Officer, Weijia Ni.
- 2017 Chair, NIH, Psychosocial Risk and Disease Prevention (ZRG1 RPHB) Study Section, CSR Scientific Review Officer: Weijia Ni.
- 2017 Co-Chair, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP), CSR Scientific Review Officer: Stacey Fitzsimmons.
- 2017 Scientific Reviewer, Society of Behavioral Medicine Abstract Review Committee.
- 2013-2017 Standing Member, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP), CSR Scientific Review Officer: Stacey Fitzsimmons.
- 2017 Scientific Reviewer, Society of Behavioral Medicine, Rapid Submission Abstract Review Committee.
- 2015 Co-Chair, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP), CSR Scientific Review Officer: Stacey Fitzsimmons.
- 2015 External NIH Grant Reviewer, University of South Carolina.
- 2014 Scientific Reviewer, Society of Behavioral Medicine, Obesity and Eating Disorders Special Interest Group Student Abstract Awards Committee.
- 2014 Scientific Reviewer, Medicine 2.0: Social Media, Mobile Apps, and Internet in Health Medicine and Biomedical Research Conference Abstract Review Committee.
- 2013 Scientific Reviewer, Society of Behavioral Medicine, Rapid Submission Abstract Review Committee.
- 2012 Scientific Reviewer, Society of Behavioral Medicine, Rapid Submission Abstract Review Committee.
- 2012 External NIH Grant Reviewer, University of Houston.

2012 Ad-hoc Member, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP), CSR Scientific Review Officer: Stacey Fitzsimmons.

EDITORIAL / ADVISORY BOARD MEMBERSHIP

2017-present Editorial Board, *Health Psychology*.
2013-present Expert Advisory Board, DietBet, Inc., New York, NY.
2016-2018 Associate Editor, *Journal of Obesity*.
2013-2016 Editorial Board, *Journal of Psychology, Neuropsychiatric Disorders, and Brain Stimulation*.
2013-2015 Editorial Board, *Journal of Neurology and Psychology*.
2012-2014 Scientific Advisory Board, *Journal of Behavioral Health*.
2012-2013 Lead Editor, *Journal of Obesity*, Special Supplement: Social Networks and Obesity.

AD-HOC MANUSCRIPT REVIEWS

American Psychologist
American Journal of Preventive Medicine
Appetite
BMC Family Practice
BMC Public Health
BMC Medical Research Methodology
Behavior Therapy
Body Image
Clinical Nutrition
Contemporary Clinical Trials
Diabetes Research and Clinical Practice
European Journal of Clinical Nutrition
Health Education and Behavior
Health Psychology
International Journal of Obesity
Journal of Behavioral Health
Journal of Behavioral Medicine
Journal of Consulting and Clinical Psychology
Journal of Epidemiology & Community Health
Journal of Medical Internet Research
Journal of Obesity
Journal of Physical Activity & Health
Journal of Psychosomatic Research
Journal of the Society for Clinical Trials
New England Journal of Medicine
Nutrients
Nutrition Journal

Obesity
Patient Education and Counseling
Preventive Medicine
Social Science and Medicine
Surgery for Obesity and Related Diseases
Translational Behavioral Medicine
Western Journal of Nursing Research

OTHER

- 2016-present Data and Safety Monitoring Officer, NIH-funded grant R01HL128666, “Escalating proportion of weight-loss maintainers via modules prior to weight loss,” PI: Kiernan.
- 2016-2019 Data and Safety Monitoring Officer, NIH-funded grant K04 DK100498, “Exercise as a buffer against stress-induced eating,” PI: Unick.
- 2019 Scientific Session Chair, Society of Behavioral Medicine, “What’s Working With Obesity Interventions?”
- 2018 Scientific Session Chair, Society of Behavioral Medicine, “Understanding and harnessing social influences on women’s health behaviors.”
- 2017 Scientific Session Co-Chair, Society of Behavioral Medicine, “Daily weighing for weight management.”
- 2014-2017 Data and Safety Monitoring Officer, NIH grant R34 DK100981, “TEEN JOIN: A scalable weight control intervention for adolescents,” PI: Jelalian.
- 2016 Scientific Session Co-Chair, Society of Behavioral Medicine, “Weight loss maintenance.”
- 2015 Scientific Session Chair, Society of Behavioral Medicine, “Weight management and weight loss.”
- 2014 Scientific Session Chair, Society of Behavioral Medicine, “Evaluations of weight loss interventions.”
- 2014 Scientific Content Reviewer, NIH/NIDDK’s Weight Control Information Network, “Getting on track: Physical activity and healthy eating for men.”
- 2013 Scientific Content Reviewer, NIH/NIDDK’s Weight Control Information Network, “Tips to help you get active.”
- 2012 Technical Expert, John Hopkins University Evidence-based Practice Center, comparative effectiveness review on approaches to weight maintenance in adults.

UNIVERSITY ACTIVITIES

- 2016-present Member, Courses and Curriculum Programming Committee, Department of Allied Health Sciences, University of Connecticut.
- 2016-present Advisory Board Member, Grant Proposal Incubator, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut.
- 2020 Scientific Reviewer, USDA Hatch Grant, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2019-2020 Chair, Promotion, Tenure, and Reappointment Committee, Department of Allied Health Sciences, University of Connecticut.
- 2018-2020 Member, Rudd Center Faculty Search Committee, University of Connecticut.
- 2018-2019 Member, Department Head Search Committee, Department of Nutritional Sciences, University of Connecticut.
- 2018-2019 Member, Promotion, Tenure, and Reappointment Committee, Department of Allied Health Sciences, University of Connecticut.
- 2017-2019 Member, Writing Course Committee, Department of Allied Health Sciences, University of Connecticut.
- 2018 Member, Merit Committee, Department of Allied Health Sciences, University of Connecticut.
- 2018 Scientific Reviewer, Institute for Collaboration on Health, Intervention, and Policy Research Grant Review Committee, University of Connecticut.
- 2017, 2018 Member, College-wide Retreat Working Group Committee, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2017 Co-Chair, Graduate Program in Allied Health, Department of Allied Health Sciences, University of Connecticut.
- 2015-2017 Chair, Departmental Seminar Series, Department of Allied Health Sciences, University of Connecticut.
- 2017 Scientific Reviewer, USDA Hatch Grant, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2017 Scientific Reviewer, Student Research Forum, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2015-2017 Member, Specialty Course Committee, Department of Allied Health Sciences, University of Connecticut.
- 2015-2017 Member, Instructor Assistant and Research Courses Committee, Department of Allied Health Sciences, University of Connecticut.

- 2016 Speaker Host, Institute for Collaboration on Health, Intervention, and Policy Seminar Series, University of Connecticut.
- 2016 Member, Biostatistics Adjunct Search Committee, Department of Allied Health Sciences, University of Connecticut.
- 2016 Member, Center for Environmental Health and Health Promotion Conference Committee, University of Connecticut.
- 2016 Member, Assistant Professor in Residence Search Committee, Department of Allied Health Sciences, University of Connecticut.
- 2016 Scientific Reviewer, Institute for Collaboration on Health, Intervention, and Policy Research Grant Review Committee, University of Connecticut.
- 2016 Member, Dietetics Assistant Professor in Residence Search Committee, Department of Allied Health Sciences, University of Connecticut.
- 2015-2016 Co-Chair, Center for Health Intervention and Prevention Research Grant Review Committee, University of Connecticut.
- 2015-2016 Member, College-wide Retreat Working Group Committee, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2014-2016 Member, Department Head Search Committee, Department of Allied Health Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2015 Member, "Health Husky" Weight Management Committee, Allied Health Sciences, University of Connecticut.
- 2015 Scientific Reviewer, Student Research Forum, College of Agriculture, Health, and Natural Resources, University of Connecticut.
- 2015 Scientific Reviewer, Center for Health Intervention and Prevention & Connecticut Children's Hospital Seed Grants, University of Connecticut.
- 2015 Member, Center for Environmental Health and Health Promotion Conference Committee, University of Connecticut.
- 2014-2015 Member, Graduate Certificate Subcommittee, Allied Health Sciences, University of Connecticut.
- 2014 Facilitator, Undergraduate Recruitment Day, Department of Allied Health Sciences, University of Connecticut.
- 2008-2013 Member, Clinical Psychology Internship Admissions Committee - Obesity Research, Brown Medical School, Department of Psychiatry and Human Behavior, Weight Control and Diabetes Research Center.

2007-2008 Member, Clinical Psychology Internship Admissions Committee - Behavioral Medicine, Brown Medical School, Department of Psychiatry and Human Behavior.

GRANTS

ACTIVE GRANTS

09/01/2019-08/31/2024	NIH, R01DK118657 "Using behavioral economics to address obesity in economically disadvantaged adults" \$4,046,517, 35% effort Role: PI
08/20/2017-05/31/2022	NIH, R01DK111232 "Peer support for weight loss maintenance" \$3,155,862, 30% effort Role: PI
07/01/2018-06/30/2021	NIH, R21NR088359 "Is long-term maintenance worth the wait? Using real-time data capture to examine delayed discounting as a putative target of physical activity adherence in weight loss maintenance interventions" \$440,500, 8% effort Role: MPI (Leahey, Gorin)
07/01/2019-03/31/2023	NIH, R44DA048668 "QuitBet: A digital social game that pays you to stop smoking" \$3,100,101 Role: Consultant
09/01/2019-08/31/2024	NIH, R25 HL149668 "Innovative Approaches to Randomized Behavioral Clinical Trials" (Training Grant) \$2,500,001 Role: Core Faculty
08/01/2015-07/31/2020	NIH, R01DK056746 "Internet assisted obesity treatment: Enhanced by financial incentives," \$3,444,620 Role: Consultant
09/01/2014-08/31/2020	NIH, R01DK103668 "Low intensity weight loss for young adults: Autonomous vs. extrinsic motivation" \$3,086,933, 10% effort Role: PI of subaward

08/31/2019-07/31/2020 InCHIP Seed Grant
"The Healthy Hartford Hub Evaluation Planning"
\$2,500
Role: Co-Investigator

COMPLETED GRANTS

07/01/2012-06/30/2018 NIH, R01DK095771
"A randomized trial testing lay health coaches for
obesity treatment"
\$2,185,112, 30% effort
Role: PI

10/15/2014-10/14/2015 Peter Munk Cardiac Center Innovation Fund,
"Financial incentives for exercise adherence in
cardiac rehabilitation"
\$147,141
Role: Co-Investigator

09/28/2009-08/31/2015 NIH, U01CA150387
"Increasing Sleep Duration: A Novel Approach to
Weight Control"
\$3,729,255, 10% effort
Role: PI of subaward

04/01/2010-03/31/2015 NIH, R18DK083284
"Using a statewide initiative to disseminate effective
behavioral weight loss strategies"
\$1,100,546, 20% effort
Role: PI of subaward

09/01/2013-08/15/2014 NIH, U01DK056992
"Action for Health in Diabetes Continuation (Look AHEAD)"
\$851,685, 15% effort
Role: Co-Investigator

04/01/2011-08/15/2014 NIH, R01DK087704
"Acceptance-based behavioral intervention for weight loss:
A randomized trial"
\$1,570,396, 5% effort
Role: Co-Investigator

08/01/2012-07/31/2013 NIH, U01DK056992
"Study of Health Outcomes of Weight Loss-SHOW Trial"
\$1,205,573, 15% effort
Role: Behavioral Specialist

09/30/2009-07/31/2011 NIH, RC1HL100002
"Innovative technology to improve patient adherence to

weight loss recommendations”
\$930,320, 20% effort
Role: Co-Investigator

08/14/2008-08/13/2010 NIH, F32DK082128
“A social comparison intervention to enhance weight loss
in obese individuals”
\$145,818, 100% effort
Role: PI

08/15/2001-08/14/2002 SUNY Binghamton
“Self-mutilation and disordered eating”
\$1,000
Role: PI

PUBLICATION LIST

PEER-REVIEWED PUBLICATIONS

* indicates student/mentee

indicates senior author

- 1) **Leahey, T. M.**, Gorin, A. A., Wyckoff, E.* , Denmat, Z.* , O'Connor, K.* , Field, C.* , Dunton, G., Gunstad, J., Huedo-Medina, T. S., Gilder, C.* (in press). Episodic future thinking, delay discounting, and exercise during weight loss maintenance: The PACE trial. *Health Psychology*. DOI: Not yet available.
- 2) Chhabria, K.* , Ross, K., Sacco, S.* , & **Leahey, T. M.**# (in press). Assessment of Supportive Accountability in Adults Seeking Obesity Treatment: A Psychometric Validation Study. *Journal of Medical Internet Research*. DOI: Not yet available.
- 3) **Leahey, T. M.**, Grenga, A., Gay, L., Fernandes, D., Denmat, Z.* , Doyle, C.* , Huedo-Medina, T. S., Areny, R., Wing, R. R. (in press). Patient-provided e-support improves outcomes in reduced intensity obesity treatment: The INSPIRE trial. *Health Psychology*. DOI: Not yet available.
- 4) LaRose, J., **Leahey, T. M.**, Lanoye, A.* , Reading, J., & Wing, R.R. (in press). A secondary data analysis examining young adults' performance in an internet behavioral weight loss program with modest financial incentives. *Obesity*, 28, 1062-1067. DOI: Not yet available.
- 5) Bihuniak, J.* , Bryant, T., Kleiman, J., Rotondo, M.* , Decoteau, J.* , Haisley, S., Monserrate, D., Cunningham, M., MacKenzie, A., Dauz, S., Ippolito, R., Fernandes, N., LaRose, J. G., **Leahey, T. M.**# (in press). Behavioral weight loss treatment preferences of college students with overweight or obesity. *Clinical Obesity*. DOI: [10.1111/cob.12343](https://doi.org/10.1111/cob.12343).

- 6) Mitchell, M.,* White, L., Lau, E., **Leahey, T. M.**, Adams, M., Faulkner, G. (2018). Evaluating the carrot rewards app, a population-level incentive-based intervention promoting step-counts across two Canadian provinces: A quasi-experimental study. *JMIR MHealth UHealth* (20), e178-192. DOI: 10.2196/mhealth.9912. DOI: [10.2196/mhealth.9912](https://doi.org/10.2196/mhealth.9912).
- 7) Sacco, S. J.,* Park, C. L., **Leahey, T. M.**# (2019). Meaning-making and quality of life in heart failure interventions: A systematic review. *Quality of Life Research*, 28, 557-565. DOI: [10.1007/s11136-018-1993-2](https://doi.org/10.1007/s11136-018-1993-2).
- 8) Ross, K. M., **Leahey, T. M.**, Kiernan, M. (2018). Validation of the Stanford Leisure-time Activity Categorical Item (L-Cat) using armband activity monitor data. *Obesity Science and Practice*, 4, 276-282. DOI: [10.1002/osp4.155](https://doi.org/10.1002/osp4.155).
- 9) Lanoye, A.,* Grenga, A., **Leahey, T. M.**, Gokee LaRose, J. (2018). Motivation for weight loss and association with outcomes in a lifestyle intervention: Comparing young adults to older adults, *Obesity Science and Practice*, 5, 15-20. DOI: [10.1002/osp4.313](https://doi.org/10.1002/osp4.313).
- 10) **Leahey, T. M.**, Gokee LaRose, J., Mitchell, M. S.,* Gilder, C. M.,* Wing, R. R. (2018). Small incentives improve weight loss in women from disadvantaged backgrounds. *American Journal of Preventive Medicine*, 54, 41-47. DOI: [10.1016/j.amepre.2017.11.007](https://doi.org/10.1016/j.amepre.2017.11.007).
- 11) Megson, M.* , Wing, R.R., & **Leahey, T. M.**# (2017). Effects of breakfast eating and eating frequency on body mass index and weight loss outcomes in adults enrolled in an obesity treatment program. *Journal of Behavioral Medicine*, 40, 595-601. DOI:[10.1007/s10865-017-9828-0](https://doi.org/10.1007/s10865-017-9828-0)
- 12) Mitchell, M.* , White, L., Oh, P., Alter, D., **Leahey, T. M.**, Kwan, M., Faulkner, G. (2017) Uptake of an incentive-based mHealth app: Process evaluation of the carrot rewards app. *JMIR mHealth and uHealth*, 5, e70. DOI: [10.2196/mhealth.7323](https://doi.org/10.2196/mhealth.7323)
- 13) Naparstek, J.* , Wing, R. R., Xu, X.* , & **Leahey, T. M.**# (2017). Internet-delivered obesity treatment improves symptoms of and risk for depression. *Obesity*, 25, 671-75. DOI: [10.1002/oby.21773](https://doi.org/10.1002/oby.21773)
- 14) **Leahey, T. M.**, LaRose, J., Lanoye, A.* , Fava, J., & Wing, R. R. (2017). Secondary data analysis from a randomized trial examining the effects of small financial incentives on intrinsic and extrinsic motivation for weight loss. *Health Psychology and Behavioral Medicine*, 5, 129-144. DOI: [10.1097/HCR.0000000000000141](https://doi.org/10.1097/HCR.0000000000000141)
- 15) Xu, X.* , **Leahey, T.M.**, Boguszewski, K.* , Krupel, K., Mailloux, K. A.* , Wing, R. R. (2017). Self-expansion is associated with better adherence and obesity treatment outcomes in adults. *Annals of Behavioral Medicine*, 51, 13-7. DOI: [10.1007/s12160-016-9823-7](https://doi.org/10.1007/s12160-016-9823-7)
- 16) Lillis, J., Neimeier, H., Thomas, J., Unick, J., Ross, K., **Leahey, T. M.**, Kendra, K. E., Dorfman, L., Wing, R. R. (2016). A randomized trial of acceptance-based behavioral intervention for weight loss in people with high internal disinhibition. *Obesity*, 24, 2509-14. DOI: [10.1002/oby.21680](https://doi.org/10.1002/oby.21680)

- 17) **Leahey, T. M.**, Fava, J. L., Seiden, A.*, Fernandes, D., Doyle, C.*, Kent, K.*, La Rue, M., Mitchell, M.*, Wing, R. R. (2016). A randomized controlled trial testing an Internet-delivered cost-benefit approach to weight loss maintenance. *Preventive Medicine, 92*, 51-57. DOI: [10.1016/j.ypmed.2016.04.013](https://doi.org/10.1016/j.ypmed.2016.04.013)
- 18) Mitchell, M.*, White, L., Kwan, M., Gove, P., **Leahey, T. M.**, & Faulkner, G. (2016). Examining incentives to promote physical activity maintenance among hospital employees not achieving 10,000 steps: A Web-based randomized control trial protocol. *Journal of Medical Internet Research: Research Protocols, 5*, e231. DOI: [10.2196/resprot.6285](https://doi.org/10.2196/resprot.6285)
- 19) Unick, J. L., Dorfman, L., **Leahey, T. M.**, Wing, R. R. (2016). A preliminary investigation into whether early intervention can improve weight loss among those initially non-responsive to an Internet-based behavioral program. *Journal of Behavioral Medicine, 39*, 254-61. DOI: [10.1007/s10865-015-9691-9](https://doi.org/10.1007/s10865-015-9691-9)
- 20) Mitchell, M.*, Goodman, J. M., Alter, D. A., Oh, P. I., **Leahey, T. M.**, Faulkner, G. E. (2016). The feasibility of financial incentives to increase exercise among Canadian cardiac rehabilitation patients. *Journal of Cardiopulmonary Rehabilitation and Prevention, 36*, 28-32. DOI: [10.1097/HCR.0000000000000141](https://doi.org/10.1097/HCR.0000000000000141)
- 21) Demos, K., **Leahey, T. M.**, Hart, C., Trautvetter, J., Coward, P., Duszlak, J., Wing, R. (2016). A pilot randomized controlled trial testing the effects of a routine-based intervention on outcomes in a behavioral weight loss program. *Obesity Science and Practice, 1*, 110-18. DOI: [10.1002/osp4.16](https://doi.org/10.1002/osp4.16)
- 22) Unick, J. **Leahey, T. M.**, Kent, K.*, Wing, R. R. (2015). Examination of whether early weight loss predicts 1-year weight loss among those enrolled in an Internet-based weight loss program. *International Journal of Obesity, 39*, 1558-60. DOI: [10.1038/ijo.2015.89](https://doi.org/10.1038/ijo.2015.89)
- 23) Lillis, J., Neimeier, H. M., Middleton, K., Thomas, T. G., **Leahey, T. M.**, Unick J., Kendra, K. E., Wing, R. R. (2015). Weight loss intervention for individuals with high internal disinhibition: Design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial. *BMC Psychology, 3*, 17-27. DOI: [10.1186/s40359-015-0075-2](https://doi.org/10.1186/s40359-015-0075-2)
- 24) **Leahey, T. M.**, Xu, X.*, Doyle, C.*, Bihuniak, J., Wing, R. R. (2015). Social networks and social norms are associated with obesity treatment outcomes. *Obesity, 23*, 1550-1554. DOI: [10.1002/oby.21074](https://doi.org/10.1002/oby.21074)
- 25) Rancourt, D.*, **Leahey, T. M.**, & Crowther, J. H. (2015). Effects of weight-focused social comparisons on diet and activity outcomes in overweight and obese women. *Obesity, 23*, 85-89. DOI: [10.1002/oby.20953](https://doi.org/10.1002/oby.20953)
- 26) **Leahey, T. M.**, Subak L. L., Fava, J., Schembri, M., Thomas, J. G., Xu, X.*, Krupel, K., Kent, K.*, Boguszewski, K.*, Kumar, R., Weinberg, B., & Wing, R. R. (2015). Benefits of adding small financial incentives or optional group meetings to a Web-based statewide obesity initiative. *Obesity, 23*, 70-76. DOI: [10.1002/oby.20937](https://doi.org/10.1002/oby.20937)

- 27) Thomas, J. G., **Leahey, T.M.**, & Wing, R. R. (2015). An automated Internet behavioral weight-loss program by physician referral: A randomized controlled trial. *Diabetes Care*, 38, 9-15. DOI: [10.2337/dc14-1474](https://doi.org/10.2337/dc14-1474)
- 28) Xu, X.*; Demos, K., **Leahey, T. M.**, Hart, C., Trautvetter, J., Coward, P., Middleton, K., Wing, R.R. (2015). Failure to replicate depletion of self-control. *Plos One*, 9, 1-5. DOI: [10.1371/journal.pone.0109950](https://doi.org/10.1371/journal.pone.0109950)
- 29) Wing, R. R., **Leahey, T. M.**, Espeland, M. (2014). Response to: "Clustering effects in group based-behavioral weight loss trials." *Obesity*, 22, 1771. DOI: [10.1002/oby.20785](https://doi.org/10.1002/oby.20785)
- 30) **Leahey, T. M.**, Rosen, J. (2014). DietBet: A Web-based program that uses social gaming and financial incentives to promote weight loss. *Journal of Medical Internet Research: Serious Games*, 2, 2-8. DOI: [10.2196/games.2987](https://doi.org/10.2196/games.2987)
- 31) **Leahey, T. M.**, Thomas, J. G., Fava, J., Subak, L., Schembri, M., Krupel, K., Weinberg, B., Kumar, R., & Wing, R. R. (2014). Adding evidence-based behavioral weight loss strategies to a statewide wellness campaign: A randomized clinical trial. *American Journal of Public Health*, 104, 1300-1306. DOI: [10.2105/AJPH.2014.301870](https://doi.org/10.2105/AJPH.2014.301870)
- 32) Wing, R. R., **Leahey, T. M.**, Jeffery, R., Coday, M., Hill, J. O., Johnson, K. C., Espeland, M. A., & the Look AHEAD Research Group (2014). Do weight loss and adherence cluster within behavioral treatment groups? *Obesity*, 22, 638-44. DOI: [10.1002/oby.20526](https://doi.org/10.1002/oby.20526)
- 33) **Leahey, T.M.**, Xu, X., Unick, J., Wing, R. R. (2014). A preliminary investigation of the role of self-control in behavioral weight loss treatment. *Obesity Research and Clinical Practice*, 8, 115-200. DOI: [10.1016/j.orcp.2012.12.005](https://doi.org/10.1016/j.orcp.2012.12.005)
- 34) Luce, K. H., Crowther, J. H., **Leahey, T. M.**, Buchholz, L. J. (2013). Do restrained eaters restrict their caloric intake prior to drinking alcohol? *Eating Behaviors*, 14, 361-5. DOI: [10.1016/j.eatbeh.2013.06.004](https://doi.org/10.1016/j.eatbeh.2013.06.004)
- 35) LaRose, J., **Leahey, T. M.**, Hill, J. O., & Wing, R. R. (2013). Differences in motivations and weight loss behaviors in young adults and older adults in the National Weight Control Registry. *Obesity*, 21, 449-53. DOI: [10.1002/oby.20053](https://doi.org/10.1002/oby.20053)
- 36) **Leahey, T. M.** & Wing, R. R. (2013). A randomized controlled pilot study testing three types of health coaches for obesity treatment: Professional, peer, and mentor. *Obesity*, 21, 928-34. DOI: [10.1002/oby.20271](https://doi.org/10.1002/oby.20271)
- 37) Gokee LaRose, J., **Leahey T. M.**, Weinberg, B., Kumar, R., & Wing, R. R. (2012). Young adults' performance in a low-intensity weight loss campaign. *Obesity*, 20, 2314-6. DOI: [10.1038/oby.2012.30](https://doi.org/10.1038/oby.2012.30)
- 38) **Leahey, T. M.**, Kumar, R., Weinberg, B., Wing, R. R. (2012). Teammates and social influence affect weight loss outcomes in a team-based weight loss competition. *Obesity*, 20, 1413-8. DOI: [10.1038/oby.2012.18](https://doi.org/10.1038/oby.2012.18)
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- 40) **Leahey, T. M.**, Bond, D. S., Raynor, H., Roye, D., Pohl, D., Vithiananthan, S., Ryder, B., Sax, H. C., & Wing, R. R. (2012). Effects of bariatric surgery on food cravings: Do food cravings and the consumption of craved foods “normalize” after surgery? *Surgery for Obesity and Related Diseases*, 8, 84-91. DOI: [10.1016/j.soard.2011.07.016](https://doi.org/10.1016/j.soard.2011.07.016)
- 41) **Leahey, T. M.**, Thomas, J. G., LaRose, J., & Wing, R. R. (2012). A randomized trial testing a contingency-based weight loss intervention involving social reinforcement. *Obesity*, 20, 324-9. DOI: [10.1038/oby.2011.124](https://doi.org/10.1038/oby.2011.124)
- 42) McCaffery, J. M., Franz, C. E., Jacobson, K., **Leahey, T. M.**, Xian, H., Wing, R. R., Lyons, M. J., Kremen, W. S. (2011). Effects of social contact and zygotosity on 21-year weight change in male twins. *American Journal of Clinical Nutrition*, 94, 404-9. DOI: [10.3945/ajcn.111.012195](https://doi.org/10.3945/ajcn.111.012195)
- 43) Thomas, J. G., Bond, D. S., Ryder, B., **Leahey, T. M.**, Vithiananthan, S., Roye, D., & Wing, R. R. (2011). Ecological momentary assessment of recommended postoperative eating and activity behaviors. *Surgery for Obesity and Related Diseases*, 7, 206-212. DOI: [10.1016/j.soard.2010.10.007](https://doi.org/10.1016/j.soard.2010.10.007)
- 44) **Leahey, T. M.**, Crowther, J. H., & Ciesla, J. (2011). An ecological momentary assessment of the effects of weight and shape social comparisons on women with eating pathology, high body dissatisfaction, and low body dissatisfaction. *Behavior Therapy*, 42, 197-210. DOI: [10.1016/j.beth.2010.07.003](https://doi.org/10.1016/j.beth.2010.07.003)
- 45) **Leahey, T. M.**, LaRose, J., Fava, J., & Wing, R. R. (2011). Social influences are associated with BMI and weight loss intentions in young adults. *Obesity*, 19, 1157-1162. DOI: [10.1038/oby.2010.301](https://doi.org/10.1038/oby.2010.301)
- 46) **Leahey, T. M.**, Crane, M., Pinto, A. M., Weinberg, B., Kumar, R., & Wing, R. R. (2010). Effect of teammates on changes in physical activity in a statewide campaign. *Preventive Medicine*, 51, 45-49. DOI: [10.1016/j.ypmed.2010.04.004](https://doi.org/10.1016/j.ypmed.2010.04.004)
- 47) Bond, D. S., Jakicic, J. M., Vithiananthan, S., Thomas, G., **Leahey, T. M.**, Sax, H. C., Pohl, D., Roye, D., Ryder, B. A., Wing, R. R. (2010). Objective quantification of physical activity in bariatric surgery candidates and normal-weight controls. *Surgery for Obesity and Related Diseases*, 6, 72-78. DOI: [10.1016/j.soard.2009.08.012](https://doi.org/10.1016/j.soard.2009.08.012)
- 48) Bond, D. S., Vithiananthan, S., **Leahey, T. M.**, Thomas, J. G., Sax, H. C., Pohl, D., Ryder, B., Roye, D. G., Giovanni, J., Wing, R. R. (2009). Prevalence and degree of sexual dysfunction in a sample of women seeking bariatric surgery. *Surgery for Obesity and Related Diseases*, 5, 698-704. DOI: [10.1016/j.soard.2009.07.004](https://doi.org/10.1016/j.soard.2009.07.004)
- 49) Bond, D. S., Phelan, S., **Leahey, T. M.**, Hill, J. O., & Wing, R.R. (2009). Weight-loss maintenance in successful weight losers: Surgical vs. non-surgical methods. *International Journal of Obesity*, 33, 173-180. DOI: [10.1038/ijo.2008.256](https://doi.org/10.1038/ijo.2008.256)
- 50) **Leahey, T. M.**, Bond, D.S., Irwin, S.R, Crowther, J.H., & Wing, R.R. (2009). When is the best time to deliver a behavioral intervention to bariatric surgery patients, before or after surgery? *Surgery for Obesity and Related Diseases*, 5, 99-102. DOI: [10.1016/j.soard.2008.10.001](https://doi.org/10.1016/j.soard.2008.10.001)
- 51) Bond, D.S., **Leahey, T. M.**, Vithiananthan, S., & Ryder, B. (2009). Bariatric surgery for

severe obesity: The role of patient behavior. *Medicine and Health: Rhode Island*, 92, 58-60.

- 52) Marquez, B., **Leahey, T. M.**, & Wing, R.R. (2009). Overweight and obesity in Rhode Island: Developing programs to combat the obesity epidemic. *Medicine and Health: Rhode Island*, 92, 45-47.
- 53) **Leahey, T. M.**, Crowther, J. H., & Irwin, S. R. (2008). A cognitive-behavioral mindfulness group therapy intervention for the treatment of binge eating in bariatric surgery patients. *Cognitive and Behavioral Practice*, 15, 364-75. DOI: [10.1016/j.cbpra.2008.01.004](https://doi.org/10.1016/j.cbpra.2008.01.004)
- 54) Crowther, J. H., Arney, M., Luce, K. L., Dalton, G., & **Leahey, T. M.** (2008). The point prevalence of bulimia nervosa over 15 years. *International Journal of Eating Disorders*, 41, 491-497. DOI: [10.1002/eat.20537](https://doi.org/10.1002/eat.20537)
- 55) Stanek, K., Gunstad, J., **Leahey, T.M.**, Glickman, E., Alexander, T., Spitznagel, M., Juvancic-Heltzel, J., & Murray, L. (2008). Serum brain-derived neurotrophic factor is associated with reduced appetite in healthy older adults. *Journal of Nutrition Health and Aging*, 12, 183-185. DOI: unavailable.
- 56) **Leahey, T. M.**, Myers, T., Gunstad, J., Glickman, E., Spitznagel, M., Alexander, T., & Juvancic-Heltzel, J (2008). AB40 is associated with cognitive function, body fat, and physical fitness in healthy older adults. *Nutritional Neuroscience*, 10, 205-209. DOI: [10.1080/10284150701676156](https://doi.org/10.1080/10284150701676156)
- 57) **Leahey, T. M.** & Crowther, J. H. (2008). An ecological momentary assessment of comparison target as a moderator of the effects of appearance-focused social comparisons. *Body Image*, 5, 307-311. DOI: [10.1016/j.bodyim.2008.03.002](https://doi.org/10.1016/j.bodyim.2008.03.002)
- 58) **Leahey, T. M.**, Crowther, J. H., & Mickelson, K. D. (2007). The frequency, nature, and effects of naturally occurring appearance-focused social comparisons. *Behavior Therapy*, 38, 132-143. DOI: [10.1016/j.beth.2006.06.004](https://doi.org/10.1016/j.beth.2006.06.004)

BOOKS AND BOOK CHAPTERS

- 1) Crowther, J. H., & **Leahey, T. M.** (2010). Eating disorders. In C. S. Clauss-Ehlers (Ed.), *The Encyclopedia of Cross-cultural School Psychology*. New York: Springer Publishers.

MISCELLANEOUS PUBLICATIONS

- 1) **Leahey, T. M.** (March, 2016). What are the best motivators for successful and sustained weight loss? *US News and World Report*.

PUBLICATIONS UNDER REVIEW

* indicates student/mentee

indicates senior author

- 1) Brewer, S.* , Gilder, C.* , & **Leahey, T. M.**# (revise & resubmit). Obesity treatment in African American churches: Current targets and preferences among parishioners.

- 2) Volz, K.* , Wyckoff, E.* , Huedo-Medina, T., Denmat, Z., Field, C.* , LaRose, J., Gorin, A., **Leahey, T. M.**# (under review). Impact of income and perceived stress on engagement and weight loss outcomes in an online behavioral weight loss program.
- 3) Ssenyonjo, J.* , Li, X., Shrestha, R., **Leahey, T. M.**, Copenhaver, M. M. (under review). Examining the validity of a self-reported ART adherence using a visual analog scale (VAS) among HIV-infected opioid-dependent individuals.
- 4) Lanoye, A.* , Evans, R. K., **Leahey, T. M.**, LaRose, J. (under review). Using measured resting metabolic rate to derive calorie prescriptions in a behavioral weight loss program.
- 5) Lanoye, A.* , Rybarczyk, B. D., Evans, R. K., **Leahey, T. M.**, LaRose, J. G. (under review). Pilot randomized clinical trial targeting anxiety sensitivity: Effects on physical activity in young adults.

INTERNATIONAL / NATIONAL CONFERENCE PAPER & SYMPOSIA PRESENTATIONS

* indicates student/mentee

indicates senior author

- 1) Wyckoff, E.,* Amy, G., **Leahey, T. M.**# (2019). The Moderating Effect of Chaos in the Home Environment on Dietary Disinhibition and Weight Loss Maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 2) **Leahey T. M.** (2018). Women's health: The importance of multilevel interventions. Symposium discussant at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 3) **Leahey, T. M.** (2018). Clinical trial methodology: Are behavioral run-ins effective. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 4) **Leahey, T. M.**, Wing, R. R. (2017). Supportive accountability theory: Evidence from an eHealth weight loss maintenance trial. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 5) **Leahey, T. M.**, LaRose, J., Rosen, J. (2016). Serious games for weight loss: A novel approach to attract, engage, and promote weight loss in high-risk young adults. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
- 6) LaRose, J., **Leahey, T. M.**, Lanoye, A.* , Wing, R. (2016). Young adults' performance in an Internet-based weight loss program with modest financial incentives. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

- 7) Oliver, K., Befort, K., **Leahey, T. M.**, Zhou, E., Cunningham, K. (2016). Careers in behavioral medicine. Panel presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 8) Ross, K., **Leahey, T. M.**, Kiernan, M. (2016). Validation of a brief measure of leisure-time physical activity. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 9) **Leahey, T. M.**, Seiden, A.*, Rosen, J., Middleton, K. (2015). Weight loss: Is there *really* “an app for that?” Presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- 10) **Leahey, T. M.** & Wing, R. R. (2015). A behavioral economics approach to improving adherence in Web-based interventions. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- 11) **Leahey, T. M.**, Seiden, A.*, Pierre, D., Doyle, C.*, Kent, K.*, Schembri, M., Subak, L., Kumar, R., Wing, R. R. (2014). A randomized controlled trial examining a cost-benefit approach to weight loss maintenance. Presented at the annual meeting of The Obesity Society, Boston, MA.
- 12) **Leahey, T. M.**, Seiden, A.*, Pierre, D., Kumar, R., Wing, R. (2014). Professional or lay coaching plus financial incentives for weight loss maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 13) **Leahey, T. M.**, Thomas, G., Subak, L., Schembri, M., Krupel, K., Xu, X.*, Boguszewski, K.*, Kent, K.*, Kumar, R., Weinberg, B., Wing, R. (2013). Small financial incentives cost-effectively improve outcomes in a statewide Internet obesity program. Presented at the annual meeting of The Obesity Society, Atlanta, GA.
- 14) **Leahey, T. M.**, Thomas, J. G., Krupel, K., Boguszewski, K.*, Kent, K.*, Kumar, R., Weinberg, B., & Wing, R. R. (2013). Modest financial incentives and optional group sessions enhance outcomes in an Internet behavioral weight loss dissemination initiative. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 15) **Leahey, T. M.**, Thomas, J. G., Weinberg, B., Kumar, R., & Wing, R. R. (2012). Internet-based behavioral weight loss program and optional group sessions improve outcomes in a community-based weight loss campaign. Presented at the annual meeting of The Obesity Society, San Antonio, TX.
- 16) **Leahey, T. M.**, Thomas, J. G., Weinberg, B., Kumar, R., & Wing, R. R. (2012). The dissemination of behavioral weight loss strategies through a community-based campaign. Presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 17) **Leahey, T. M.**, Kumar, R., Weinberg, B.M., & Wing, R. R. (2011). Is weight loss contagious? The effects of teammates on individual weight change during a team-based, statewide campaign. Presented at the annual meeting of The Obesity Society, Orlando, FL.

- 18) Gokee LaRose, J., **Leahey, T. M.**, Weinberg, B., Kumar, R., & Wing, R.R. (2011). Young adults' performance in a low intensity weight loss campaign. Presented at the annual meeting of The Obesity Society, Orlando, FL.
- 19) McCaffery, J. M., Franz, C. E., Jacobson, K., **Leahey, T. M.**, Xian, H., Wing, R. R., Lyons, M. J., & Kremen, W. S. (2011). Twenty-one year weight change in young adult Vietnam-era twins: Effects of genetics and frequency of contact. Presented at the annual meeting of the Behavior Genetics Association, Newport, RI.
- 20) **Leahey, T. M.**, Bond, D. S., Thomas, J. G., Raynor, H., Vithianathan, S. Roye, D., Pohl, D., Ryder, B., Sax, H. C., & Wing, R. R. (2010). Bariatric surgery is not associated with long-term changes in food preferences. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.
- 21) Thomas, J. G., Bond, D. S., **Leahey, T. M.**, Ryder, B., Roye, D., Vithianathan, S., Sax, H. C., Pohl, D., & Wing, R. R. (2010). Evaluation of post-operative adherence to recommended eating and activity behaviors in patients' natural environment via ecological momentary assessment. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.
- 22) Bond, D. S., Vithianathan, S., **Leahey, T. M.**, Thomas, J. G., Pohl, D., Ryder, B. A., Roye, D., Giovanni, J., Sax, H. C., & Wing, R. R. (2010). Significant resolution of female sexual dysfunction following bariatric surgery. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.
- 23) **Leahey, T. M.**, Bond, D., Thomas, J., Raynor, H., Roye, D., Pohl, D., Vithianathan, S., Ryder, B., Sax, H., & Wing, R. R. (2009). Do food cravings and the consumption of craved food "normalize" after bariatric surgery? Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.
- 24) Bond, D., Jakicic, J., **Leahey, T. M.**, Thomas, J., Vithianathan, S., Pohl, D., Roye, D., Ryder, B., Sax, H., Wing, R. R. (2009). Objective quantification of amount and intensity of physical activity in bariatric surgery candidates and age- and sex-matched normal weight controls. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.
- 25) Thomas, J., Bond, D., Pohl, D., Roye, D., Vithianathan, S., Ryder, B., **Leahey, T. M.**, Raynor, H., Sax, H., Wing, R. (2009). Internal disinhibition predicts weight loss immediately following bariatric surgery. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.
- 26) Bond, D., Vithianathan, S., Sax, H., Pohl, D., Ryder, B., **Leahey, T. M.**, Thomas, J., Wing, R. R. (2009). Prevalence and degree of sexual dysfunction in women seeking bariatric surgery. Presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.

INTERNATIONAL / NATIONAL CONFERENCE POSTER PRESENTATIONS

* indicates student/mentee

indicates senior author

- 27) Field, C.,* Wyckoff, E.,* **Leahey, T. M.**, Gorin, A. A. (2020). The influence of impulsivity and parental control on diet and weight in emerging adults. Annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.
- 28) Field, C.,* Grenga, A., Denmat, Z., Gorin, A. A., **Leahey, T. M.**# (2020) Effects of social comparison orientation on outcomes in adults enrolled in a group-based behavioral weight loss program. Annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.
- 29) O'Connor, K.,* Gorin, A. A., Grenga, A., Denmat, Z., **Leahey, T. M.**# (2020). Effects of autonomy support, diet and exercise support, and accountability on weight loss outcomes in a trial involving lay coaches. Annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.
- 30) Benson, M.*, Wyckoff, E.*, Denmat, Z., Field, C.*, Gorin, A., A., LaRose, J., **Leahey, T. M.**# (2020). Executive functioning and foods in the home before and during an online behavioral weight loss program. Annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.
- 31) Litvin Bloom, E., Japuntich, S. J., Pierro, A., Dallery, J., **Leahey, T. M.**, Rosen, J. (2020). Pilot Trial of QuitBet - A Digital Social Game that Pays You to Stop Smoking. Annual meeting of the UConn Center for mHealth and Social Media, Storrs, CT.
- 32) Lanoye, A.,* Rybarczyk, B. D., Evans, R. K., **Leahey, T. M.**, LaRose, J. G. (2019). Aerobic Exercise Exposure Targeting Anxiety Sensitivity: Effects on Associated Health Behaviors in Young Adults. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 33) Volz, K.,* Wyckoff, E.,* **Leahey, T. M.**# (2019). The impact of socioeconomic status and stress on engagement and outcomes in an online behavioral weight loss program. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 34) Gilder, C.,* Gorin, A., **Leahey, T. M.**# (2019). Impact of social connectedness on BMI and obesity treatment outcomes. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 35) LaRose, J. G., Lanoye, A.*, **Leahey, T. M.**, Hart, C. N. (2018). Identifying Predictors of Insufficient Treatment Response in Emerging Adults. Presented at the annual meeting of The Obesity Society, Washington, DC.
- 36) **Leahey, T. M.**, Grenga, A., Denmat, Z., et al. (2018). Patient-delivered e-coaching improves weight loss outcomes: Results from the INSPIRE Trial. Presented at the annual meeting of The Obesity Society, Washington, DC.

- 37) Bihuniak, J., Bryant, T., Kleiman, J., ... **Leahey, T. M.**[#] (2017). Behavioral Weight Loss Preferences of Overweight/Obese College Students. Presented at the annual meeting of The Obesity Society, Washington, DC.
- 38) Sacco, S.* , Grenga, A., Huedo-Medina, T., **Leahey, T. M.**[#] (2017). Total regulatory focus: The influence of promotion and prevention focus on body mass index. Presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- 39) Mitchell, M.* , White, L., Oh, P., Alter, D. A., **Leahey, T. M.**, Faulkner, G. (2017). Uptake of an incentive-based mHealth application for chronic disease prevention: Process evaluation of the carrot rewards app. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 40) **Leahey, T. M.**, LaRose, J., Wing, R. R. (2016). Internet behavioral weight loss treatment plus small financial incentives: A novel approach to promote weight loss in high-risk, lower income populations. Presented at the annual meeting of The Obesity Society, New Orleans, LA.
- 41) Naparstek, J.* , Wing, R. R., **Leahey, T. M.**[#] (2016). Internet-delivered obesity treatment improves depression. Presented at the annual meeting of The Obesity Society, New Orleans, LA.
- 42) Megson, M.* , Wing, R. R., **Leahey, T. M.**[#] (2016). Effects of breakfast eating and eating frequency on body mass index and weight loss among adults enrolled in a Web-based obesity treatment program. Presented at the annual meeting of The Obesity Society, New Orleans, LA.
- 43) Farenga, G.* , Wing, R. R., **Leahey, T. M.**[#] (2016). Effects of sugar sweetened beverage intake on obesity treatment outcomes. Presented at the annual meeting of The Obesity Society, New Orleans, LA.
- 44) Williams, G.* , Crowther, J., Ciesla, J., **Leahey, T. M.**[#] (2015). The effects of multiple appearance-focused social comparisons in the natural environment. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 45) Lanoye, A.* , Grenga, A., **Leahey, T. M.**, LaRose, J. G. (2015). Weight loss motives and relationship to outcomes in a lifestyle intervention: Young v. older adults. Presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- 46) Lillis, J., Unick, J., Niemeier, H., Kendra, K., Thomas, J., **Leahey, T. M.**, Wing, R. R. (2014). The role of avoidance-based coping in the psychosocial functioning of weight loss treatment seeking adults. Presented at the annual meeting of The Obesity Society, Boston, MA.
- 47) Unick, J., Dorfman, L., **Leahey, T. M.**, Wing, R. R. (2014). A preliminary investigation into whether early intervention can improve weight loss among those initially non-responsive to an Internet-based behavioral program. Presented at the annual meeting of The Obesity Society, Boston, MA.

- 48) Williams, G. A.*, Crowther, J. H., Ciesla, J. A., **Leahey, T. M.** (2014). Affect following appearance-focused social comparisons: Do the effects last? Presented at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.
- 49) Doyle, C.*, **Leahey, T. M.**, Hart, C. (2014). Sleep-timing discrepancies and light exposure are not associated with BMI in a treatment seeking overweight / obese population. Presented at the annual meeting of The Obesity Society, Boston, MA.
- 50) **Leahey, T. M.**, LaRose, J., Wing, R. (2014). Effects of modest financial incentives on intrinsic and extrinsic motivation for weight loss. Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 51) Xu, X.*, **Leahey, T. M.**, Boguszewski, K.*, Krupel, K., Kent, K.*, Wing, R. R. (2014). Self-expansion during a behavioral weight loss intervention is associated with better objective adherence and outcomes. Presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- 52) Williams, G. A.*, Crowther, J. H., Bucholz, L. J., Coifman, K., **Leahey, T. M.**, Ciesla, J. (2013). Characteristics of affect in bulimia nervosa. Presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- 53) Himes, S. M., Vithiananthan, S., Wing, R. R., **Leahey, T. M.** # (2013). Project HELP: A 5 Week Behavioral Intervention to Reduce Excessive Vomiting and Gastrointestinal Complications in Post-operative Lap-Band Patients. Presented at the annual meeting of The Obesity Society, Atlanta, GA.
- 54) Lillis, J., Wing, R. R., Thomas, G., **Leahey, T. M.**, Unick, J. L., Kendra, K. E., Niemeier, H., Samuels, A. I., Dorfman, L. (2013). The impact of obesity stigma on health behaviors among treatment seeking adults. Presented at the annual meeting of The Obesity Society, Atlanta, GA.
- 55) **Leahey, T. M.** & Rosen, J. (2013). DietBet, Inc.: Web-based social gaming and financial incentives for weight loss. Presented at the annual meeting of The Obesity Society, Atlanta, GA.
- 56) Kuhl, E., Jelalian, E., Hart, C., **Leahey, T. M.**, Wing, R. (2013). Influence of children on weight outcomes for adults participating in an Internet behavioral weight loss intervention. Presented at the annual meeting of The Obesity Society, Atlanta, GA.
- 57) Thomas, J. G., **Leahey, T. M.**, Gettens, K., & Wing, R. R. (2012). Innovative technology to improve patient adherence to physician weight loss recommendations. Presented at the annual meeting of The Obesity Society, San Antonio, TX.
- 58) Xu, X.*, **Leahey, T. M.**, Wing, R. R. (2012). The power of tenacity: Behavioral perseverance is associated with successful weight loss and increases in physical activity. Presented at the annual meeting of The Obesity Society, San Antonio, TX.
- 59) Williams, N. M., Smith, K. E., **Leahey, T. M.**, Crowther, J. H. (2011). The point prevalence of eating pathology across time: Examination of the Eating Disorder Diagnostic Scale from 2005-2011. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- 60) O'Brien, E., **Leahey, T. M.**, Fava, J, Subak, L. L., Stone, K., Hart, C. N., Cairns, A., Demos, K., & Wing, R. R. (2011). Sleep duration does not predict weight loss outcomes and does not change following a behavioral weight loss program. Presented at the annual meeting of The Obesity Society, Orlando, FL.
- 61) **Leahey, T. M.** & Wing, R. R. (2011). A randomized trial testing three types of health coaches for obesity treatment. Presented at the annual meeting of The Obesity Society, Orlando, FL.
- 62) Smith, K. E., Crowther, J. C., Irwin, S. R., Zografakis, J., & **Leahey, T. M.** (2010). The Eating Disorder Examination Questionnaire with bariatric surgery populations. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 63) McCaffery, J. M., Franz, C. E., **Leahey, T. M.**, Wing, R. R., Lyons, M. J., & Kremen, W. S. (2010). Twenty year weight gains in young adult Vietnam-era twins: The effects of frequency of contact. Presented at the annual meeting of The Obesity Society, San Diego, CA.
- 64) **Leahey, T. M.**, Thomas, J. G., Gokee LaRose, J., & Wing, R. R. (2010). A randomized trail testing the effects of social reinforcement on weight loss. Presentation given at the annual meeting of The Obesity Society, San Diego, CA.
- 65) **Leahey, T. M.**, Gokee LaRose, J., & Wing, R. R. (2010). Obesity clusters in young adults but social norms for obesity do not differ between normal weight and overweight/obese young adults. Presented at the annual meeting of The Obesity Society, San Diego, CA.
- 66) **Leahey, T. M.**, Gokee LaRose, J., & Wing, R. R. (2010). Social contacts and social norms affect weight loss intentions in young adults. Presented at the annual meeting of The Obesity Society, San Diego, CA.
- 67) **Leahey, T. M.**, Gokee LaRose, J., Thomas, J. G., & Wing, R. R. (2010). Social comparisons among members of a behavioral weight loss program are associated with weight loss outcomes. Presented at the annual meeting of The Obesity Society, San Diego, CA.
- 68) **Leahey, T. M.**, Crane, M., Pinto, A. M., Weinberg, B., Kumar, R., Fava, J., & Wing, R. R. (2009). Choose your team wisely: Team characteristics affect change in steps during a state-wide physical activity campaign. Presented at the annual meeting of The Obesity Society, Washington, DC.
- 69) **Leahey, T. M.**, Gokee-LaRose, J., Thomas, G., Wing, R. R. (2009). Social distancing and weight loss in a behavioral intervention. Presented at the annual meeting of The Obesity Society, Washington, DC.
- 70) Bond, D., Jakicic, J. M., Thomas, G., **Leahey, T. M.**, Vithiananthan, S, Pohl, D., Roye, D.G., Ryder, B. A., Sax, H.C., Wing, R. R. (2009). Evaluation of objectively-measured and self-reported pre- to post-operative changes in physical activity among bariatric surgery patients. Presented at the annual meeting of The Obesity Society, Washington, DC.

- 71) Crane, M., Kumar, R., Weinberg, B., Pinto, A., Gorin, A., Fava, J., **Leahey, T.M.**, & Wing R. (2009). Increasing physical activity through a state-wide campaign. Presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
- 72) Bond, D. S., Phelan, S., **Leahey, T. M.**, Hill, J. O., & Wing, R.R. (2008). Successful long-term weight loss maintenance after bariatric surgery: Can similar weight losses be achieved and maintained through non-surgical methods? Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 73) **Leahey, T. M.**, & Crowther, J. H. (2007). A naturalistic examination of the effects of body-focused social comparisons with media images. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 74) Reddy, S. D., Crowther, J. H., **Leahey, T. M.**, Irwin, S., & Gunstad, J. (2007). Binge eating in morbidly obese individuals undergoing bariatric surgery: A comparison of the Eating Disorder Examination Questionnaire and the Questionnaire on Eating and Weight Patterns Revised. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 75) **Leahey, T. M.**, Crowther, J. H., Wing, R. R. (2007). A naturalistic assessment of the effects of weight comparisons on diet, exercise, and motivation to lose weight. Presented at the annual meeting of The Obesity Society, Phoenix, AZ.
- 76) **Leahey, T. M.**, Bond, D., Irwin, S., Crowther, J. H., Wing, R. R. (2007). When is the best time to deliver a behavioral intervention to bariatric surgery patients, pre- or post-surgery? Presented at the annual meeting of The Obesity Society, Phoenix, AZ.
- 77) Luce, K. H., Crowther, J. H., & **Leahey, T. M.** (2007). Do restrained eaters restrict their caloric intake prior to drinking? Presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- 78) **Leahey, T. M.**, & Crowther, J. H. (2006). The effects of naturally occurring appearance-focused social comparisons on women with depressive symptomatology. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 79) **Leahey, T. M.**, Crowther, J. H., & Mickelson, K. D. (2005). An ecological momentary assessment of the effects of appearance-focused social comparisons on women's affect and cognitions. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- 80) Swaim, J. C., **Leahey, T. M.**, McMullen, M. J., Williams, C. J., Gilbertson, A. D., Moore, J. L. (2005). Psychological sequelae of non-lethal gunshot incidents. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- 81) **Leahey, T. M.**, Reddy, S. R., & Crowther, J. H. (2004). Changes in body image and body image dissatisfaction across the years. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- 82) Reddy, S. D., Karazsia, B., **Leahey, T. M.**, & Crowther, J. H. (2004). Body image amongst men and women: Are there gender differences in the pathways to body

dissatisfaction? Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

- 83) Crowther, J. H., **Leahey, T. M.**, Sherwood, N., Dalton, G., Horton, H., & Pole, M. (2003). The role of avoidance coping, self-nurturance, and hunger in bulimia nervosa. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

INVITED PRESENTATIONS

- 1) **Leahey, T. M.**, Gorin, A. A. (2020). Episodic future thinking, delay discounting, and weight loss maintenance. Invited talk at the National Institutes of Health Science of Behavior Change Meeting, Bethesda, MD. Meeting cancelled due to COVID-19.
- 2) **Leahey, T. M.** (2020). Behavioral economics and peer support. Invited talk at the University of Michigan's Center for Diabetes Translational Research, Ann Arbor, MD. Meeting cancelled due to COVID-19.
- 3) **Leahey, T. M.** (2013 - 2020). Recruitment and adherence in RCTs involving behavioral interventions. Annual invited talk given at the NIH OBSSR / NHLBI Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions; Warrenton, VA; Potomac, MD.
- 4) **Leahey, T. M.**, Gorin, A. A. (2019). Is long-term maintenance worth the wait? Using real time data capture to examine delay discounting as a putative target of physical activity adherence in weight loss maintenance interventions. Invited talk given at the National Institutes of Health Science of Behavior Change Meeting, Bethesda, MD.
- 5) **Leahey, T. M.** (2019). Networking and building collaborations. Panel presentation for the Obesity and Eating Disorders Special Interest Group given at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 6) **Leahey, T. M.** & Gorin, A. A. (2018). Overview of the NIH SOBC PACE Trial. Invited talk given at the University of Buffalo's Jacob School of Medicine, Department of Pediatrics; Buffalo, NY.
- 7) **Leahey, T. M.** (2018). Next frontiers of obesity treatment: Dissemination and weight loss maintenance. Invited Keynote Speaker, Kent State University's Psychology Department 50th Anniversary Alumni Reunion; Kent, OH.
- 8) **Leahey, T. M.** (2018). Obesity research agenda: Overview, key findings, and future directions. Invited talk to be given at the University of Michigan's Center for Diabetes Translational Research; Ann Arbor, MI.
- 9) **Leahey, T. M.** (2018). The CHAMPS Trial: Rationale, Methods, and Next Steps. Invited talk given at the Rudd Center for Food Policy and Obesity; Hartford, CT.
- 10) **Leahey, T. M.** (2015) Leveraging financial incentives and social influence to address current challenges in obesity treatment. Invited talk given at the Yale Chronic Disease and Epidemiology Seminar Series; New Haven, CT.
- 11) **Leahey, T. M.** (2015). Next frontiers in obesity treatment: Disseminating evidence-based

strategies and weight loss maintenance. Invited talk given at the UConn Department of Nutrition Seminar Series; Storrs, CT.

- 12) **Leahey, T. M.** (2015). Reducing obesity in the U.S. by using financial incentives and gamification. Invited talk given at the University of Vermont's Center on Behavior and Health Annual Behavior Change Conference; Burlington, VT.
- 13) **Leahey, T.M.** (2015). Harnessing financial incentives and social influence to address current challenges in obesity treatment research. Invited talk given at the 2014-2015 CHIP lecture series, Storrs, CT.
- 14) **Leahey, T. M.** (2014). Behavioral economics for obesity treatment. Invited talk given at the University of Vermont's Center on Behavior and Health Annual Behavior Change Conference; Burlington, VT.
- 15) **Leahey, T. M.** (2014). Behavioral economics and social networks for obesity treatment. Invited talk given at the University of Massachusetts Medical School's Division of Preventive and Behavioral Medicine Seminar Series; Worcester, MA.
- 16) **Leahey, T. M.** (2014). Financial rewards and social networks for obesity treatment. Invited grand rounds given at the University of Vermont; Burlington, VT.
- 17) **Leahey, T. M.** (2013). Social influence and financial incentives for weight loss and weight loss maintenance. Invited talk given at DietBet, Inc.; New York, NY.
- 18) **Leahey, T. M.** (2012). Social influence and weight control. Invited grand rounds given at New Jersey Medical School; Newark, NJ.
- 19) Kumar, R., **Leahey, T.M.**, & Miller, L (2012). Healthy behaviors are contagious. Invited talk given at Shape Up, Inc.'s nationally-broadcasted Webinar; Providence, RI.
- 20) **Leahey, T. M.** (2012). Obesity and social networks. Invited talk given at the American College of Preventive Medicine; Orlando, FL.
- 21) **Leahey, T. M.** (2010). Keeping the pounds off: Behavioral strategies for long-term weight control. Invited talk given at the United Health Services Hospitals' Weight Management and Diabetes Teaching Day; Binghamton, NY.

TEACHING

UNIVERSITY TEACHING ROLES

Spring 2020 *Graduate Seminar in Health Promotion Research*, 3 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2020 *Doctoral Dissertation Research*, 1 doctoral student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

- Spring 2020 *Dietetics Research Practicum*, 1 undergraduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2020 *Research in Allied Health Sciences - Obesity*, 2 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2020 *Graduate Seminar in Health Promotion Research*, 4 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2020 *Doctoral Dissertation Research*, 1 doctoral student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Research in Allied Health Sciences - Obesity*, 2 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Graduate Seminar in Health Promotion Research*, 5 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Writing Successful Grant Proposals*, 5 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Master's Thesis*, 1 graduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Doctoral Dissertation Research*, 1 doctoral student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2018 *Graduate Seminar in Health Promotion Research*, 9 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2018 *Independent Study in Obesity Research*, 1 graduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2018 *Master's Thesis*, 1 graduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2018 *Doctoral Dissertation Research*, 1 doctoral student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Summer 2018 *Summer Graduate Fellowships Writing Institute*, 10 graduate students, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.

- Spring 2018 *Graduate Seminar in Health Promotion Research*, 5 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Research Methods in Allied Health*, 144 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Dietetics Research Practicum*, 1 undergraduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Independent Study in Obesity Research*, 2 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Master's Thesis Research*, 1 master's student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2016 *Research Methods in Allied Health*, 145 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2016 *Experiential Learning in Obesity Research*, 2 doctoral students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2016 *Independent Study in Obesity Research*, 3 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Independent Study in Obesity Research*, 2 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Honors Thesis in Allied Health Sciences*, 1 honor's student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Dietetics Research Practicum*, 1 undergraduate student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Graduate Professional Development Practicum*, 1 master's student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2015 *Independent Study in Obesity Research*, 3 undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

- Fall 2015 *Graduate Professional Development Practicum*, 1 master's student, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2006 *Psychological Interventions*, 59 undergraduate students, Department of Psychology, Kent State University, Kent, OH.
- Fall 2006 *Writing in Psychology*, 6 undergraduate students, Department of Psychology, Kent State University, Kent, OH.
- Spring 2005 *Research Methods – Psychology*, 32 undergraduate students, Department of Psychology, Kent State University, Kent, OH.
- Spring 2005 *Writing in Psychology*, 3 undergraduate students, Department of Psychology, Kent State University, Kent, OH.
- Fall 2004 *Abnormal Psychology*, 141 undergraduate students, Department of Psychology, Kent State University, Kent, OH.
- Fall 2004 *Writing in Psychology*, 4 undergraduate students, Department of Psychology, Kent State University, Kent, OH.

GUEST LECTURES

- Spring 2020 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2020 *Faculty NIH "R" mechanism Grant Writing Bootcamp: The Review Process*, UConn Faculty, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.
- Fall 2019 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2019 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2018 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2018 *Faculty Grant Writing Bootcamp: How to Approach the Approach Section*, UConn faculty, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.

- Spring 2018 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2017 *Obesity Assessment, Prevention and Treatment throughout the Lifecycle*, undergraduate and graduate students, Department of Nutrition, University of Connecticut, Storrs, CT.
- Fall 2017 *Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2017 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Research Methods in Allied Health: Ethics*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Introduction to Allied Health Professions: Clinical Health Psychology*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2017 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2016 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Introduction to Allied Health Professions: Clinical Health Psychology*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

- Spring 2016 *Current Issues in Health: The Obesity Epidemic and Strategies for Successful Weight Control*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2016 *Graduate Research Methods in Allied Health: Development of theory-based health promotion interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2015 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2015 *Program Planning and Evaluation for Health Professionals: Obesity interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Spring 2015 *Graduate Research Methods in Allied Health: Development of theory-based health promotion interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2014 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2014 *Program Planning and Evaluation for Health Professionals: Obesity interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2014 *Interdisciplinary Approach to Obesity Prevention: An Introduction to Lifestyle Interventions for Obesity Treatment*, undergraduate honors students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
- Fall 2014 *Obesity Prevention Learning Consortium: Translating lifestyle interventions for obesity treatment into real-world settings*, undergraduate and graduate students, Department of Psychology, University of Connecticut, Storrs, CT.
- Spring 2006 *Interventions in Health Psychology: Behavioral Interventions for Bariatric Surgery Patients*, graduate students, Kent State University, Kent, OH.

HOSPITAL TEACHING ROLES

- Fall 2013 *Clinical Psychology Training Consortium, Psychology Intern*

- Core Seminar: Preparing and obtaining an F-32 award, graduate students, Brown Medical School, Providence, RI.*
- Fall 2013 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment, clinical psychology residents, Brown Medical School, Providence, RI.*
- Spring 2013 *Obesity: Behavioral Weight Strategies, Dissemination, and Current Research, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.*
- Spring 2013 *T32 Seminar Series: Combined Interventions for Health Behavior Change, T32 postdoctoral fellows, Brown Medical School, Providence, RI.*
- Fall 2012 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and obtaining an F-32 award, clinical psychology residents, Brown Medical School, Providence, RI.*
- Fall 2012 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment, clinical psychology residents, Brown Medical School, Providence, RI.*
- Spring 2012 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment, clinical psychology residents, Brown Medical School, Providence, RI.*
- Fall 2011 *Obesity: Assessment and Prevalence, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.*
- Fall 2011 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and obtaining an F-32 award, clinical psychology residents, Brown Medical School, Providence, RI.*
- Spring 2011 *Obesity: Health consequences of obesity and the role of lifestyle interventions, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.*
- Spring 2011 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment, clinical psychology residents, Brown Medical School, Providence, RI.*
- Fall 2010 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and obtaining an F-32 award, clinical psychology residents, Brown Medical School, Providence, RI.*

CURRENT MENTEES

Major advisor / primary mentor:

2020-present	Kayla O'Connor – Master's Student, University of Connecticut Anticipated graduation date: May, 2022
2020-present	Korina Hahn – Master's Student, University of Connecticut Anticipated graduation date: May, 2022
2018-present	Jocelyn Rossitto – Undergraduate Honor's Student, University of Connecticut Anticipated graduation date: December, 2020
2016-present	Carnisha Gilder – Doctoral Student, University of Connecticut Anticipated graduation date: May, 2021

Associate advisor:

2020-present	Grace Hand – Doctoral Student, University of Connecticut
2020-present	Christiana Field – Doctoral Student, University of Connecticut
2019-present	Jared Goetz – Doctoral Student, University of Connecticut
2018-present	Aviana Rosen – Doctoral Student, University of Connecticut
2018-present	Lauren Lamberti – Doctoral Student, University of Connecticut
2017-present	Emily Wyckoff – Master's Student, University of Connecticut
2016-present	Shane Sacco – Doctoral Student, University of Connecticut
2016-present	Patrice Hubert – Doctoral Student, University of Connecticut

PREVIOUS MENTEES

Major advisor / primary mentor:

2017-2019	Kristen Volz – Master's Student, University of Connecticut
2017-2019	Shelby Brewer – Master's Student, University of Connecticut
2017-2018	Lauren Timmerman - Master's Student, University of Connecticut
2017-2018	William Kelsey – Master's Student, University of Connecticut
2014-2016	Jacob Naparstek – Honor's Student, University of Connecticut
2014-2017	Marc Mitchell - Postdoctoral Fellow, University of Toronto
2017	Marisa Creatura - Master's Student, University of Connecticut
2015-2016	Maureen Megson - Honor's Student, University of Connecticut
2015-2016	Natasha Dang – Master's Student, University of Connecticut
2013-2016	Caroline Doyle - Research Assistant and Mentee, Brown Medical School
2012-2014	Xiaomeng (Mona) Xu - T32 Postdoctoral Fellow, Brown Medical School
2012-2014	Diana Rancourt - T32 Postdoctoral Fellow, Brown Medical School
2012-2014	Andrew Seiden - Research Assistant and Mentee, Brown Medical School
2011-2013	Katherine Boguszewski - Research Assistant and Mentee, Brown Medical School
2010-2014	Kimberly Kent - Research Assistant and Mentee Brown Medical School

Associate advisor:

2017-2019	Alexis Ludwig – Master's Student, University of Connecticut
2016-2018	Summer Yule – Master's Student, University of Connecticut
2014-2018	Autumn Lanoye – Doctoral Student, Virginia Commonwealth University
2017	Roman Shrestha - Doctoral Student, University of Connecticut

2017 Pramila Karki – Master’s Student, University of Connecticut.
2017 Chanchala Tiwari – Master’s Student, University of Connecticut
2016-2017 Melissa Depaolo – Master’s Student, University of Connecticut
2015-2016 Kayla Vosburgh - Master’s Student, University of Connecticut
2015-2016 Cheyanne Barclay - Master’s Student, University of Connecticut

ACADEMIC ADVISING

2019-2020: 1 Undergraduate Student (1 Honors)
2018-2019: 5 Undergraduate Students (4 Honors)
2017-2018: 7 Undergraduate Students (5 Honors)
2016-2017: 9 Undergraduate Students (8 Honors)
2015-2016: 4 Undergraduate Students (3 Honors)

COMMUNITY OUTREACH

- 1) **Leahey, T. M.** (2020). Obesity Consequences and Treatment. Invited talk given at UConn Health’s Parental Seminar Series for Underrepresented High School Students in the Doctors Academy Program; Farmington, CT.
- 2) **Leahey, T. M.** (2014). Impact of obesity on underserved populations. Invited talk given at Lifespan’s community’s health advocacy meeting; Providence, RI.
- 3) **Leahey, T. M.** (2012). Is health behavior contagious? The effects of social networks on weight, diet, and physical activity. Invited talk given at The Miriam Hospital’s women’s wellness workshop; Warwick, RI.
- 4) **Leahey, T. M.** (2009). Cutting-edge approaches to prevent and treat obesity. Invited talk given at The Miriam Hospital’s women’s wellness workshop; Warwick, RI.
- 5) **Leahey, T. M.** (2008). New strategies to prevent and treat obesity. Invited talk given at The Miriam Hospital’s community health workshop; Foxboro, MA.
- 6) **Leahey, T. M.** (2008). Weight control in women. Invited talk given at the annual Rhode Island Hospital breast imaging seminar series; Providence, RI.

INDUSTRY CONSULTING WORK

2014-present Chief Scientist, Waybetter, Inc., New York, NY.

MEDIA COVERAGE OF RESEARCH (INTERNATIONAL, NATIONAL, AND LOCAL)

NPR
Wall Street Journal
Time Magazine

Shape Magazine
Allure Magazine
Cosmopolitan Magazine

ABC news
Huffington Post
Forbes
French Tribune (France)
Medical News Today (U.K.)
Irish Health (Ireland)
Sky News (Australia)
Daily Mail (U.K.)
Terra Brasil
Asian News International
Science Daily
AARP News
Jamaica Observer
WebMD
Men's Health Magazine
Women's Health Magazine
Health Magazine
Self Magazine

Woman's Day Magazine
Fitness Magazine
Weight Watchers Magazine
Prevention Magazine
Good Housekeeping Magazine
Endocrine Today
Success Magazine
Woman's World
New York Daily News
New York Business Journal
Sarasota Herald Tribune
Toronto Star
CJAD 800 Radio, Montreal, Canada
Uniradio Informa
Providence Journal
UConn Today
Naturally UConn
InCHIP Newsletter