Curriculum Vitae
Tricia M. Leahey, Ph.D.

University of Connecticut
College of Agriculture, Health, and Natural Resources
Department of Allied Health Sciences
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EDUCATION

Post-doctoral Fellowship 2008-2010	Brown University NIH F32 NRSA (NIDDK), Obesity Research
Clinical Psychology Internship 2007-2008	Brown University Behavioral Medicine and Obesity Research
Doctor of Philosophy 2008	Kent State University Clinical Psychology (specialization in Health Psychology)
Master of Arts 2004	Kent State University Clinical Psychology (specialization in Health Psychology)
Bachelor of Arts 2002	State University of New York at Binghamton Psychology

ACADEMIC APPOINTMENTS

2023-present	Director, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.
2021-present	Professor, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
2014-present	Co-Director, UConn Weight Management Research Group, University of Connecticut, Hartford, CT.
2022-2023	Interim Director, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.
2014-2021	Associate Professor, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

2014-2018	Adjunct Professor (Research), Department of Psychiatry and Human Behavior, Brown University, Providence, RI.
2010-2014	Assistant Professor (Research), Department of Psychiatry and Human Behavior, Brown University, Providence, RI.

HONORS & AWARDS

INTERNATIONAL & NATIONAL

2024-present	Fellow, Society of Behavioral Medicine
2013-present	Distinguished Faculty, NIH Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions
2023	Meritorious citation, Society of Behavioral Medicine
2023	Featured abstract, Society of Behavioral Medicine
2017	Invited to serve as Chair of the Psychosocial, Risk, and Disease Prevention (PRDP) Study Section, NIH.
2016	Research Excellence Citation Award, Society of Behavioral Medicine.
2013	Award for Excellence in Science with a Focus on eHealth / mHealth, The Obesity Society.
2012	Distinguished Fellow, NIH OBSSR / NHLBI 2011 Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions.
2012	Award for Excellence in Science with a Focus on eHealth / mHealth, The Obesity Society.
2009-2012	Loan Repayment Award Recipient, NIH, NIDDK.
2008-2010	Ruth L. Kirschstein Fellowship Award (F32), NIH, NIDDK.
2007	Pat Simmons Travel Award, The Obesity Society.

REGIONAL / LOCAL

2021	President Recognition for Research Achievements, University of Connecticut.
2021	Provost Recognition for Teaching Excellence, University of Connecticut.
2020	Research Excellence Award, College of Agriculture, Health, and Natural Resources, University of Connecticut.

2017-2021	Provost Recognition for Teaching Excellence, University of Connecticut.
2012-2013	Research Mentor Award, Brown University.
2006-2007	Lillian Friedman Fellowship Award, Kent State University.
2006-2007	Research Fellowship Award, Kent State University.
2005	Distinguished Teaching Award, Kent State University.

SCIENTIFIC AND ACADEMIC SERVICE ACTIVITIES

INTERNATIONAL SCIENTIFIC COMMITTEES

2026	Scientific Reviewer, Austrian Science Fund.
2020-2023	Scientific Reviewer, The Obesity Society's Abstract Review Committee.
2019	Scientific Review Committee, The Obesity Society's Grants Program.
2018	Scientific Review Committee, The Obesity Society's Grants Program.
2017	Scientific Review Committee, Dutch Research Counsel, Netherlands Organisation for Scientific Research.
2017	Scientific Review Committee, The Obesity Society's Weight Watchers Karen Miller-Kovach Research Grant.
2017	Scientific Review Committee, The Obesity Society's Early Career Research and Challenge Grants.
2016	Scientific Reviewer, The Obesity Society's Abstract Review Committee.
2013	Scientific Reviewer, The Obesity Society's Abstract Review Committee.
2012	Scientific Reviewer, Harvard Medical School's 5th World Congress on Social Media, Mobile Apps, and Internet, Conference Abstract Review Committee.

NATIONAL SCIENTIFIC COMMITTEES

2026	Member, NIH ZRG1 EMS-R (41) P, NIDDK Diabetes Translational Research P30 Center Grant Review Panel, Endocrine and Metabolic Systems, Center for Scientific Review.
2024	Poster Mentor, Society of Behavioral Medicine.

2017-2023	Scientific Reviewer, Society of Behavioral Medicine Abstract Review Committee.
2021	External NIH Grant Reviewer, Center for Childhood Obesity Prevention, University of Arkansas
2020	Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine.
2020	Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine.
2020	External NIH Grant Reviewer, University of Arkansas, Center for Childhood Obesity Prevention.
2020	Abstract Awards Committee, Society of Behavioral Medicine.
2019	Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine.
2019	External NIH Grant Reviewer, University of South Carolina.
2018	Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine.
2017	Member, NIH ZRG1 RPHB-W (02) M, Member Conflict: Psychosocial Risk Prevention and Behavioral Medicine.
2017	Chair, NIH, Psychosocial Risk and Disease Prevention (ZRG1 RPHB) Study Section.
2017	Co-Chair, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP).
2013-2017	Standing Member, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP).
2017	Scientific Reviewer, Society of Behavioral Medicine, Rapid Submission Abstract Review Committee.
2015	Co-Chair, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP).
2015	External NIH Grant Reviewer, University of South Carolina.
2014	Scientific Reviewer, Society of Behavioral Medicine, Obesity and Eating Disorders Special Interest Group Student Abstract Awards Committee.
2014	Scientific Reviewer, Medicine 2.0: Social Media, Mobile Apps, and Internet in Health Medicine and Biomedical Research Conference Abstract Review Committee.

2012, 2013 Scientific Reviewer, Society of Behavioral Medicine, Rapid Submission Abstract Review Committee.

2012 External NIH Grant Reviewer, University of Houston.

2012 Ad-hoc Member, NIH Psychosocial Risk and Disease Prevention Study Section (PRDP).

EDITORIAL / ADVISORY BOARD MEMBERSHIP

2017-2023 Editorial Board, *Health Psychology*.

2016-2018 Associate Editor, *Journal of Obesity*.

2013-2016 Editorial Board, *Journal of Psychology, Neuropsychiatric Disorders, and Brain Stimulation*.

2013-2015 Editorial Board, *Journal of Neurology and Psychology*.

2012-2014 Scientific Advisory Board, *Journal of Behavioral Health*.

2012-2013 Lead Editor, *Journal of Obesity*, Special Supplement: Social Networks and Obesity.

AD-HOC MANUSCRIPT REVIEWS

American Psychologist
American Journal of Preventive Medicine
Appetite
BMC Family Practice
BMC Public Health
BMC Medical Research Methodology
Behavior Therapy
Body Image
Clinical Nutrition
Contemporary Clinical Trials
Diabetes Research and Clinical Practice
European Journal of Clinical Nutrition
Health Education and Behavior
Health Psychology
International Journal of Obesity
JAMA
JAMA Internal Medicine
JAMA Open
Journal of Behavioral Health
Journal of Behavioral Medicine
Journal of Consulting and Clinical Psychology
Journal of Epidemiology & Community Health
Journal of Medical Internet Research

Journal of Obesity
Journal of Physical Activity & Health
Journal of Psychosomatic Research
Journal of the Society for Clinical Trials
Nature Human Behavior
New England Journal of Medicine
Nutrients
Nutrition Journal
Obesity
Patient Education and Counseling
Preventive Medicine
Social Science and Medicine
Surgery for Obesity and Related Diseases
Translational Behavioral Medicine
Western Journal of Nursing Research

OTHER NATIONAL SERVICE

2025-present	Mentor, NIH Loan Repayment Program, Kristen Cooksey Stowers
2023-2026	Mentor, NIH Loan Repayment Program, Loneke Blackman Carr
2024	PTR Referee, University of Florida
2024	PTR Referee, Kent State University
2023	PTR Referee, University of Pennsylvania
2022	PTR Referee, Virginia Commonwealth University
2016-2022	Data and Safety Monitoring Officer, NIH-funded grant R01HL128666, "Escalating proportion of weight-loss maintainers via modules prior to weight loss," PI: Kiernan.
2021	PTR Referee, University of Michigan
2021	PTR Referee, American University
2020	PTR Referee, Oklahoma State University
2016-2019	Data and Safety Monitoring Officer, NIH-funded grant K04 DK100498, "Exercise as a buffer against stress-induced eating," PI: Unick.
2019	Scientific Session Chair, Society of Behavioral Medicine, "What's Working with Obesity Interventions?"
2018	Scientific Session Chair, Society of Behavioral Medicine, "Understanding and harnessing social influences on women's health behaviors."
2017	Scientific Session Co-Chair, Society of Behavioral Medicine, "Daily weighing for weight management."

2014-2017	Data and Safety Monitoring Officer, NIH grant R34 DK100981, “TEEN JOIN: A scalable weight control intervention for adolescents,” PI: Jelalian.
2016	Scientific Session Co-Chair, Society of Behavioral Medicine, “Weight loss maintenance.”
2015	Scientific Session Chair, Society of Behavioral Medicine, “Weight management and weight loss.”
2014	Scientific Session Chair, Society of Behavioral Medicine, “Evaluations of weight loss interventions.”
2014	Scientific Content Reviewer, NIH/NIDDK’s Weight Control Information Network, “Getting on track: Physical activity and healthy eating for men.”
2013	Scientific Content Reviewer, NIH/NIDDK’s Weight Control Information Network, “Tips to help you get active.”
2012	Technical Expert, John Hopkins University Evidence-based Practice Center, comparative effectiveness review on approaches to weight maintenance in adults.

UNIVERSITY ACTIVITIES

2026-present	Member, Soldier Health Research Taskforce, Office of the Vice President for Research, University of Connecticut.
2026-present	Faculty advisor, MedConnect, Pre-Health Chapter, University of Connecticut.
2026	Member, Project Regenerate Review Committee, Office of the Vice President for Research, University of Connecticut.
2026	Member, Urgent Seed Grant Review Committee, Office of the Vice President for Research, University of Connecticut.
2026	Ad-hoc member, Allied Health Sciences Promotion & Tenure Committee, University of Connecticut.
2025-2026	Member, Dean Search Committee, College of Agriculture, Health and Natural Resources, University of Connecticut.
2025-2026	Member, Department Head Search Committee, Allied Health Sciences, University of Connecticut.
2025-2026	Member, EMERGE Emergency Funding Program Review Committee, Office of the Vice President for Research, University of Connecticut.
2025-2026	Member, Budget Transformation Initiative Research Working Group, University of Connecticut.

2024-2026	Member, OVPR External Funding Task Force, University of Connecticut
2024-2026	Member, OVPR Internal Funding Task Force, University of Connecticut
2025	Member, Health Equity Advocacy Research Program, UConn School of Medicine.
2025	Chair, Institute of Material Sciences Center and Institute Review Committee, Provost Office, University of Connecticut.
2024-2025	Member, Health Disparities Institute Faculty Search Committee, UConn Health.
2024	Member, Allied Health Sciences Promotion & Tenure Committee, University of Connecticut.
2023-2024	Member, Strategic Planning Steering Committee, University of Connecticut.
2021-present	Member, Strategic Plan Precision Lifestyle Intervention Subcommittee, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2022	Invited speaker, Promotion, tenure, & reappointment: The teaching dossier. Invited talk given to the College of Agriculture, Health, and Natural Resources at the University of Connecticut.
2020-2023	Scientific Reviewer, USDA Hatch Grant, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2021	Grant Reviewer, Johnson & Johnson Women in STEM2D (WiSTEM2D) Scholars Program, Office of the Vice President for Research, University of Connecticut.
2021	Member, Graduate Student Mentorship Working Group, Department of Allied Health Sciences, University of Connecticut.
2016-2021	Member, Courses and Curriculum Programming Committee, Department of Allied Health Sciences, University of Connecticut.
2016-2021	Advisory Board Member, Grant Proposal Incubator, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut.
2020	Scientific Reviewer, Johnson & Johnson Women in STEM 2D Scholars Program, Office of Vice President of Research, University of Connecticut.
2019-2020	Chair, Promotion, Tenure, and Reappointment Committee, Department of Allied Health Sciences, University of Connecticut.

2018-2020	Member, Rudd Center Faculty Search Committee, University of Connecticut.
2018-2019	Member, Department Head Search Committee, Department of Nutritional Sciences, University of Connecticut.
2018-2019	Member, Promotion, Tenure, and Reappointment Committee, Department of Allied Health Sciences, University of Connecticut.
2017-2019	Member, Writing Course Committee, Department of Allied Health Sciences, University of Connecticut.
2018	Member, Merit Committee, Department of Allied Health Sciences, University of Connecticut.
2018	Scientific Reviewer, Institute for Collaboration on Health, Intervention, and Policy Research Grant Review Committee, University of Connecticut.
2017-2018	Member, College-wide Retreat Working Group Committee, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2017	Co-Chair, Graduate Program in Allied Health, Department of Allied Health Sciences, University of Connecticut.
2017	Scientific Reviewer, USDA Hatch Grant, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2017	Scientific Reviewer, Student Research Forum, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2015-2017	Member, Specialty Course Committee, Department of Allied Health Sciences, University of Connecticut.
2015-2017	Chair, Departmental Seminar Series, Department of Allied Health Sciences, University of Connecticut.
2015-2017	Member, Instructor Assistant and Research Courses Committee, Department of Allied Health Sciences, University of Connecticut.
2016	Speaker Host, Institute for Collaboration on Health, Intervention, and Policy Seminar Series, University of Connecticut.
2016	Member, Biostatistics Adjunct Search Committee, Department of Allied Health Sciences, University of Connecticut.
2016	Member, Center for Environmental Health and Health Promotion Conference Committee, University of Connecticut.
2016	Member, Assistant Professor in Residence Search Committee, Department of Allied Health Sciences, University of Connecticut.

2016	Scientific Reviewer, Institute for Collaboration on Health, Intervention, and Policy Research Grant Review Committee, University of Connecticut.
2016	Member, Dietetics Assistant Professor in Residence Search Committee, Department of Allied Health Sciences, University of Connecticut.
2015-2016	Co-Chair, Center for Health Intervention and Prevention Research Grant Review Committee, University of Connecticut.
2015-2016	Member, College-wide Retreat Working Group Committee, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2014-2016	Member, Department Head Search Committee, Department of Allied Health Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2015	Member, “Health Husky” Weight Management Committee, Allied Health Sciences, University of Connecticut.
2015	Scientific Reviewer, Student Research Forum, College of Agriculture, Health, and Natural Resources, University of Connecticut.
2015	Scientific Reviewer, Center for Health Intervention and Prevention & Connecticut Children’s Hospital Seed Grants, University of Connecticut.
2015	Member, Center for Environmental Health and Health Promotion Conference Committee, University of Connecticut.
2014-2015	Member, Graduate Certificate Subcommittee, Allied Health Sciences, University of Connecticut.
2014	Facilitator, Undergraduate Recruitment Day, Department of Allied Health Sciences, University of Connecticut.
2008-2013	Member, Clinical Psychology Internship Admissions Committee - Obesity Research, Brown Medical School, Department of Psychiatry and Human Behavior, Weight Control and Diabetes Research Center.
2007-2008	Student (Intern) Member, Clinical Psychology Internship Admissions Committee - Behavioral Medicine, Brown Medical School, Department of Psychiatry and Human Behavior.

GRANTS

* = student/mentee grant

PENDING GRANTS

09/01/2027-08/31/3031
NIH
"Advanced Training in Randomized Behavioral Clinical Trials"
$853,773
Role: Core Faculty

05/03/2027-05/03/2032
NIH
"Reducing alcohol-related cancer risk: The impact of narrative pictorial warning labels"
$3,424,329
Role: Co-I

02/01/2027-01/31/32
*American Diabetes Association
"Stress, acceptance, and cohesion: A randomized pilot factorial study of weight loss among Black women"
$1,609,839
Role: Co-I

11/01/2026-10/31/2027
OVPR, University of Connecticut
"Building the next generation of health equity scholars"
$1,500,000
Role: Co-Program Manager (Leahey, Sprague-Martinez)

ACTIVE GRANTS

08/15/2026-08/14-2029
Basque, Spain Government Grant for Research IT1922-26
"Promotion of mental health and psychosocial wellbeing from adolescence to old age in groups with differing levels of vulnerability"
€289,388
Role: International Collaborator

09/08/2026-06/30/2031
NIH, R01NR022601
"Optimization of a behavioral economics intervention for weight loss maintenance"
$3,988,956
Role: PI

09/01/2023-08/31/2027
NIH, R25CA287902
"Innovative Approaches to Randomized Behavioral Clinical Trials" (Training Grant)
$853,773
Role: Core Faculty, Curriculum Committee

09/01/2022-08/31/2027
*NIH, K01HL159034
"Are food swamps lined to disparities in ethnically diverse parents' food shopping behaviors and young children's

diets?: Implications for policy and environmental interventions”
$999,999
Role: Mentor

05/15/2022-04/30/2027 NIH, R01DK132386
“Optimizing a couples-based mHealth intervention for weight management”
$3,438,310
Role: Co-Investigator

COMPLETED GRANTS

* = student/mentee grant

09/01/2020-08/31/2025 *NIH, K23HL153667
“Obesity prevention in postpartum women at high-risk for cardiovascular disease”
$998,989
Role: Mentor

09/01/2019-05/31/2025 NIH, R01DK118657
“Using behavioral economics to address obesity in economically disadvantaged adults”
$4,046,517
Role: PI

10/01/2023-09/31/2024 USDA HATCH (unnumbered)
“A pandemic’s effect on Mediterranean Diet adherence among adolescents with obesity: A meta-analytic modeling and survey implementation of lessons learned from Spain to curb youth obesity in the United States”
$60,000
Role: PI

09/01/2019-08/31/2024 NIH, R25HL149668
“Innovative Approaches to Randomized Behavioral Clinical Trials” (Training Grant)
$2,500,001
Role: Core Faculty

06/01/2022-05/31/2024 *NIH, F31DK132955
“The relationship between positive and negative affect of high and low arousal and dietary temptation and lapse in daily life”
$93,504
Role: Mentor

06/01/2020-05/31/2022 *InCHIP Seed Grant
(unnumbered)

	“Sistah circles for weight control: Investigating novel intervention approaches for black women” $2,500 Role: Co-Investigator
11/01/2020-10/31/2021	Value and Efficiency Teaching and Research (unnumbered) “Understanding drivers of variability in treatment response among emerging adults in behavioral obesity treatment” $45,000 PI: LaRose Role: Co-Investigator
08/31/2019-12/31/2020	*InCHIP Seed Grant “The Healthy Hartford Hub Evaluation Planning” $5,000 Role: Co-Investigator
07/01/2019-03/31/2023	NIH, R44DA048668 “QuitBet: A digital social game that pays you to stop smoking” $3,100,101 Role: Consultant
08/31/2019-12/31/2020	*InCHIP, Seed Grant (unnumbered) “Black women’s health” PI: Blackman-Carr Role: Co-Investigator
07/01/2018-06/30/2022	NIH, R21NR088359 “Is long-term maintenance worth the wait? Using real-time data capture to examine delayed discounting as a putative target of physical activity adherence in weight loss maintenance interventions” $440,500 Role: MPI (Gorin, Leahey)
08/20/2017-05/31/2023	NIH, R01DK111232 “Peer support for weight loss maintenance” $3,155,862 Role: PI
08/01/2015-07/31/2021	NIH, R01DK056746 “Internet assisted obesity treatment: Enhanced by financial incentives” $3,444,620 Role: Consultant
09/01/2014-08/31/2021	NIH, R01DK103668 “Low intensity weight loss for young adults:

	Autonomous vs. extrinsic motivation” $3,086,933 Role: PI of subaward
10/15/2014-10/14/2015	*Peter Munk Cardiac Center Innovation Fund, “Financial incentives for exercise adherence in cardiac rehabilitation” $147,141 Role: Mentor
09/01/2013-08/15/2014	NIH, U01DK056992 “Action for Health in Diabetes Continuation (Look AHEAD)” $851,685 Role: Co-Investigator
08/01/2012-07/31/2013	NIH, U01DK056992 “Study of Health Outcomes of Weight Loss-SHOW Trial” $1,205,573 Role: Behavioral Specialist
07/01/2012-06/30/2018	NIH, R01DK095771 “A randomized trial testing lay health coaches for obesity treatment” $2,185,112 Role: PI
04/01/2011-08/15/2014	NIH, R01DK087704 “Acceptance-based behavioral intervention for weight loss: A randomized trial” $1,570,396 Role: Co-Investigator
04/01/2010-03/31/2015	NIH, R18DK083284 “Using a statewide initiative to disseminate effective behavioral weight loss strategies” $1,100,546 Role: PI of subaward
09/30/2009-07/31/2011	NIH, RC1HL100002 “Innovative technology to improve patient adherence to weight loss recommendations” $930,320 Role: Co-Investigator
09/28/2009-08/31/2015	NIH, U01CA150387 “Increasing Sleep Duration: A Novel Approach to Weight Control” $3,729,255 Role: PI of subaward
08/14/2008-08/13/2010	NIH, F32DK082128

"A social comparison intervention to enhance weight loss in obese individuals"
$145,818
Role: PI

PUBLICATION LIST

PEER-REVIEWED PUBLICATIONS

* indicates student/mentee

1) **Leahey, T. M**., Gorin, A. A., Huedo-Medina, T. B., Denmat, Z., Field, C.*, Gilder, C.*, Wyckoff, E. P.*, O'Connor, K.*, Hahn, K.*, Jenkins, K.*, Unick, J. L., Hand, G.*, McManus-Shipp, K.*, Calcaterra, J.*, & Falk, G.* (2025). Patient-Delivered Continuous Care for Weight Loss Maintenance: A Randomized Clinical Trial. *JAMA Internal Medicine, 185(7)*, 767–776. https://doi.org/10.1001/jamainternmed.2025.1345

2) Bannor, R.*, Xu, R., Kalinowski, J., **Leahey, T. M.**, Caspi, C., Idiong, C.*, Palmer, L., Goetz, J.*, Pagoto, S. (2025). Prevalence and predictors of posting health-related content on Facebook: A cross-sectional survey study. *International Journal of Environmental Research in Public Health, 22*(6), 918.

3) McManus-Shipp, K.*, Cornelius, T., Wojtanowski, A. C., **Leahey, T**., Foster, G. D., & Gorin, A. A. (2024). Family functioning and the implications for adult weight management. *Families, Systems, and Health: The Journal of Collaborative Family Healthcare, 43*(1), 157-161. https://doi.org/10.1037/fsh0000929

4) Field, C.*, Gorin, A., Denmat, Z., Wyckoff, E., Gilder, C., O'Connor, K., **Leahey, T. M.** (225). Evaluating the utility of temporal self-regulation theory for understanding physical activity outcomes in a behavioral weight loss maintenance program. *Psychology & Health*, 40(9), 1569-1586. https://doi.org/10.1080/08870446.2024.2347656

5) Gorin, A. A., **Leahey, T. M.**, Cornelius, T., Bourgea, K., & Powers, T. A. (2023). Self-control and grit: Associations with weight management and healthy habits. Journal of behavioral medicine, 47 (1), 160-167. https://doi.org/10.1007/s10865-023-00431-9

6) Gilder, C. M.*, Gorin, A. A., Huedo-Medina, T., Cooksey-Stowers, K.*, McCaffery, J. M., Denmat, Z., Field, C., Wyckoff, E.*, LaRose, J., O'Connor, K., Marfo, N.*, & **Leahey, T. M.** (2024). Impact of social connectedness on weight loss outcomes in an online program. *Journal of Behavioral Medicine, 41*(1), 144-152. https://doi.org/10.1007/s10865-023-00447-1

7) LaRose, J. G., **Leahey, T. M.**, Lanoye, A.*, Bean, M. K., Fava, J. L., Tate, D. F., Evans, R. K., Wickham, E. P., 3rd, & Henderson, M. M. (2022). Effect of a Lifestyle Intervention on Cardiometabolic Health Among Emerging Adults: A Randomized Clinical Trial. *JAMA Network Open*, 5(9), e2231903. https://doi.org/10.1001/jamanetworkopen.2022.31903

8) **Leahey, T. M.**, Blackman Carr, L. T.*, Denmat, Z., Fernandes, D., & Gorin, A. A. (2022). Effectiveness of "run-ins" at predicting adherence in a behavioral weight loss efficacy trial. *Contemporary clinical trials*, *114*, 106678. https://doi.org/10.1016/j.cct.2022.106678

9) **Leahey, T. M.**, Pham, J.*, Denmat, Z.*, Jenkins, K.*, Harris-Starling, C.*, Gilder, C.*, & Gorin, A. A. (2022). Feasibility of online behavioral clinical trials: The future of weight management randomized clinical trials? *Obesity science & practice*, *8*(6), 811–815. https://doi.org/10.1002/osp4.615

10) Lanoye, A.*, Rybarczyk, B., Evans, R., **Leahey, T.**, & LaRose, J. (2022). Pilot randomized clinical trial targeting anxiety sensitivity: effects on physical activity. Cognitive behaviour therapy, 51(3), 257–271. https://doi.org/10.1080/16506073.2021.1954082

11) Hubert, P. A.*, Mahoney, M., Huedo-Medina, T. B., **Leahey, T. M.**, & Duffy, V. B. (2021). Can Assessing Physical Activity Liking Identify Opportunities to Promote Physical Activity Engagement and Healthy Dietary Behaviors?. Nutrients, 13(10), 3366. https://doi.org/10.3390/nu13103366

12) LaRose, J. G., **Leahey, T. M.**, Lanoye, A.*, Bean, M. K., Tate, D. F., Fava, J. L., Evans, R. K., Wickham, E., 3rd, Henderson, M. M., Hatley, K., & Diamond, M. (2021). Behavioral weight loss in emerging adults: Design and rationale for the Richmond Emerging Adults Choosing Health (REACH) randomized clinical trial. Contemporary clinical trials, 107, 106426. https://doi.org/10.1016/j.cct.2021.106426

13) Bloom, E. L., Japuntich, S. J., Pierro, A., Dallery, J., **Leahey, T. M.,** & Rosen, J. (2022). Pilot trial of QuitBet: A digital social game that pays you to stop smoking. Experimental and clinical psychopharmacology, 30(5), 642–652. https://doi.org/10.1037/pha0000487

14) Volz K*, Wyckoff E*, Medina TH, Denmat Z*, Field C*, LaRose J, Gorin A, **Leahey T.** (2021). Impact of income and perceived stress on engagement and weight loss outcomes in an online behavioral weight loss program. J Behav Med. 2021 Dec;44(6):853-859. doi: 10.1007/s10865-021-00238-6. Epub 2021 Jun 23. PMID: 34160724.

15) Lanoye, A.*, Evans, R. K., **Leahey, T. M.**, & LaRose, J. G. (2021). Using measured resting metabolic rate to derive calorie prescriptions in a behavioral weight loss program. Obesity science & practice, 7(3), 335–338. https://doi.org/10.1002/osp4.489

16) Brewer, S. F.*, Gilder, C. M.*, & **Leahey, T. M.** (2021). Obesity Treatment in African American Churches: Current Treatment Targets and Preferences among Parishioners. Western journal of nursing research, 43(4), 307–315. https://doi.org/10.1177/0193945920949954

17) **Leahey, T. M.,** Gorin, A. A., Wyckoff, E.*, Denmat, Z.*, O'Connor, K.*, Field, C.*, Dunton, G., Gunstad, J., Huedo-Medina, T. S., Gilder, C.* (2020). Episodic future thinking, delay discounting, and exercise during weight loss maintenance: The PACE trial. Health psychology : official journal of the Division of Health Psychology, American Psychological Association, 39(9), 796–805. https://doi.org/10.1037/hea0000860

18) **Leahey, T. M.,** Grenga, A., Gay, L., Fernandes, D., Denmat, Z.*, Doyle, C.*, Huedo-Medina, T. S., Areny, R., Wing, R. R. (2020). Patient-Provided e-Support in Reduced Intensity Obesity Treatment: The INSPIRE Randomized Controlled Trial. *Health psychology : official journal of the Division of Health Psychology, American Psychological Association, 39(12), 1037–1047. https://doi.org/10.1037/hea0000996*

19) Chhabria, K.*, Ross, K., Sacco, S.*, & **Leahey, T. M** (2020). Assessment of Supportive Accountability in Adults Seeking Obesity Treatment: A Psychometric Validation Study. *Journal of Medical Internet Research*, 22, e17967. DOI: 10.2196/17967

20) LaRose, J., **Leahey, T. M.**, Lanoye, A.*, Reading, J., & Wing, R.R. (2020). A secondary data analysis examining young adults' performance in an internet behavioral weight loss program with modest financial incentives. *Obesity, 28*, 1062-1067. DOI: 10.1002/oby.22797.

21) Bihuniak, J.*, Bryant, T., Kleiman, J., Rotondo, M.,* Decoteau, J.,* Haisley, S., Monserrate, D., Cunningham, M., MacKenzie, A., Dauz, S., Ippolito, R., Fernandes, N., LaRose, J. G., **Leahey, T. M.** (2020). Behavioral weight loss treatment preferences of college students with overweight or obesity. *Clinical Obesity, 10*, e12343. DOI: 10.1111/cob.12343.

22) Mitchell, M.,* White, L., Lau, E., **Leahey, T. M.**, Adams, M., Faulkner, G. (2018). Evaluating the carrot rewards app, a population-level incentive-based intervention promoting step-counts across two Canadian provinces: A quasi-experimental study. *JMIR MHealth UHealth (20),* e178-192. DOI: 10.2196/mhealth.9912. DOI: 10.2196/mhealth.9912.

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Ryder, B., Roye, D. G., Giovanni, J., Wing, R. R. (2009). Prevalence and degree of sexual dysfunction in a sample of women seeking bariatric surgery. *Surgery for Obesity and Related Diseases*, *5*, 698-704. DOI: 10.1016/j.soard.2009.07.004

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MANUSCRIPTS UNDER REVIEW

1) Baker, O.*, **Leahey, T. M**., Gorin, A. (under review). Healthy eating identity, body image, and eating disorder symptomatology.

2) Hahn Ehrlich, K.*, Huedo-Medina, T. B., Gorin, A. A., **Leahey, T. M.** (under review). The Impact of Perceived Stress and Resilience on the Physical Activity Intention-Behavior Gap During Weight Loss Maintenance.

3) Jenkins-Casas, K.*, Hahn, K.*, O'Connor, K.*, Field, C.*, Caspi, C., Xu, R., Gorin, A., **Leahey, T. M.** (under review). Effects of COVID-19 on weight loss maintenance and the moderating role of resilience and sex.

4) O'Connor, K. F.*, Huedo-Medina, T. B.*, Gorin, A. A., Denmat, Z. A., Grenga, A., **Leahey, T. M.** (under review). Impact of lay weight loss coaches on social support and accountability.

5) Antrum, C.*, Waring, M., Beck, C., Gans, K., Coman,E., **Leahey, T. M.**, Pagoto, S., Cooksey Stowers, K. (under review). Exploring the relationships between food swamp environments, shopping habits, and food insecurity.

6) Goetz, J. M.*, Waring, M., Ran, X, Rosen, A., **Leahey, T. M.,** Pagoto, S. (under review). Engagement trajectories in a social media-delivered lifestyle intervention.

BOOKS AND BOOK CHAPTERS

1) Crowther, J. H., & **Leahey, T. M.** (2010). Eating disorders. In C. S. Clauss-Ehlers (Ed.), *The Encyclopedia of Cross-cultural School Psychology*. New York: Springer Publishers.

MISCELLANEOUS PUBLICATIONS

1) **Leahey, T. M.** (March, 2016). What are the best motivators for successful and sustained weight loss? *US News and World Report.*

INTERNATIONAL / NATIONAL CONFERENCE PAPER & SYMPOSIA PRESENTATIONS

* indicates student/mentee

1) Montanari, A.*, Burke, J., Gorin, A. A**., Leahey, T. M.** (2025). Demographic and Engagement Predictors of Early Non-Response in a Behavioral Weight Loss Program. Presented at The Obesity Society, Atlanta, GA.

2) Gunning, J. N.*, Huedo-Medina, T. B., Khati, A., **Leahey, T.**, Mobley, A., & Rosen, A. O. (2025). Not all clicks are equal: Where teens seek Health information predicts Mediterranean diet adherence in Spain and the US. Presented at the 2nd European Congress on Disinformation and Fact-Checking, Madrid, Spain.

3) **Leahey, T. M.,** Gorin, A. A., Huedo-Medina, T., Fernandes, D., Pham, J.*, LaRose, J., et al. (2025). A behavioral economics mHealth weight loss intervention for adults with socioeconomic disadvantage: The RISE randomized clinical trial. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.

4) Montanari, A.*, McManus-Shipp, K.*, Gorin, A. A., Tate, D., Tate, D., **Leahey, T. M.** (2025). Early non-response in an mHealth weight loss intervention for adults with socioeconomic disadvantage. Poster presentation at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.

5) **Leahey, T. M.**, Gorin, A., Huedo-Medina, T., Denmat, Z., Field, C.*, O'Connor, K.*, Hahn, K.*, Jenkins, K.*, Hand, G.*, & McManus-Shipp, K.* (2024). Patient-provided Treatment for Weight Loss Maintenance: Results from the CHAMPS Randomized Controlled Trial. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

6) Marfo, N. Y.*, Coman, E., **Leahey, T. M.**, Cooksey Stowers, K.*, Milan, S., Gorin, A. (2023). The relative impact of individual versus neighborhood characteristics on weigh loss outcomes in a clinical trial. Presentation at the annual meeting of the American Public Health Association, Atlanta, GA.

7) Gokee LaRose, J., Lanoye, A.*, **Leahey, T. M.**, Fava, J. L., Bean, M. K., Brown, K. L., Reading, J. M. (2021) What works for whom among emerging adults: Findings from the REACH randomized clinical trial. Presentation at the annual meeting of The Obesity Society, San Diego, CA.

8) Chhabria, K.*, Ross, K., Sacco, S.*, **Leahey, T. M.** (2020). Psychometric validation of a supportive accountability measure (SAM) in technology-mediated treatment seeking obese adults. Presentation at the meeting of the American Public Health Association (virtual event).

9) Wyckoff, E.,* Amy, G., **Leahey, T. M.** (2019). The Moderating Effect of Chaos in the Home Environment on Dietary Disinhibition and Weight Loss Maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

10) **Leahey T. M.** (2018). Women's health: The importance of multilevel interventions. Symposium discussant at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

11) **Leahey, T. M.** (2018). Clinical trial methodology: Are behavioral run-ins effective. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

12) **Leahey, T. M.**, Wing, R. R. (2017). Supportive accountability theory: Evidence from an eHealth weight loss maintenance trial. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

13) **Leahey, T. M.**, LaRose, J., Rosen, J. (2016). Serious games for weight loss: A novel approach to attract, engage, and promote weight loss in high-risk young adults. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

14) LaRose, J., **Leahey, T. M.**, Lanoye, A.*, Wing, R. (2016). Young adults' performance in an Internet-based weight loss program with modest financial incentives. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

15) Oliver, K., Befort, K., **Leahey, T. M.**, Zhou, E., Cunningham, K. (2016). Careers in behavioral medicine. Panel presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

16) Ross, K., **Leahey, T. M.**, Kiernan, M. (2016). Validation of a brief measure of leisure-time physical activity. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

17) **Leahey, T. M.**, Seiden, A.*, Rosen, J., Middleton, K. (2015). Weight loss: Is there *really* "an app for that?" Paper presentation at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

18) **Leahey, T. M.** & Wing, R. R. (2015). A behavioral economics approach to improving adherence in Web-based interventions. Symposium presentation at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

19) **Leahey, T. M.,** Seiden, A.*, Pierre, D., Doyle, C.*, Kent, K.*, Schembri, M., Subak, L., Kumar, R., Wing, R. R. (2014). A randomized controlled trial examining a cost-benefit approach to weight loss maintenance. Paper presentation at the annual meeting of The Obesity Society, Boston, MA.

20) **Leahey, T. M.**, Seiden, A.*, Pierre, D., Kumar, R., Wing, R. (2014). Professional or lay coaching plus financial incentives for weight loss maintenance. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

21) **Leahey, T. M.**, Thomas, G., Subak, L., Schembri, M., Krupel, K., Xu, X.*, Boguszewski, K.*, Kent, K.*, Kumar, R., Weinberg, B., Wing, R. (2013). Small financial incentives cost-effectively improve outcomes in a statewide Internet obesity program. Paper presentation at the annual meeting of The Obesity Society, Atlanta, GA.

22) **Leahey, T. M**., Thomas, J. G., Krupel, K., Boguszewski, K.*, Kent, K.*, Kumar, R., Weinberg, B., & Wing, R. R. (2013). Modest financial incentives and optional group sessions enhance outcomes in an Internet behavioral weight loss dissemination initiative. Paper presentation at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

23) **Leahey, T. M.**, Thomas, J. G., Weinberg, B., Kumar, R., & Wing, R. R. (2012). Internet-based behavioral weight loss program and optional group sessions improve outcomes in a community-based weight loss campaign. Paper presentation at the annual meeting of The Obesity Society, San Antonio, TX.

24) **Leahey, T. M.**, Thomas, J. G., Weinberg, B., Kumar, R., & Wing, R. R. (2012). The dissemination of behavioral weight loss strategies through a community-based campaign. Paper presentation at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

25) **Leahey, T. M.**, Kumar, R., Weinberg, B.M., & Wing, R. R. (2011). Is weight loss contagious? The effects of teammates on individual weight change during a team-based, statewide campaign. Paper presentation at the annual meeting of The Obesity Society, Orlando, FL.

26) Gokee LaRose, J., **Leahey, T. M.**, Weinberg, B., Kumar, R., & Wing, R.R. (2011). Young adults' performance in a low intensity weight loss campaign. Paper presentation at the annual meeting of The Obesity Society, Orlando, FL.

27) McCaffery, J. M., Franz, C. E., Jacobson, K., **Leahey, T. M.**, Xian, H., Wing, R. R., Lyons, M. J., & Kremen, W. S. (2011). Twenty-one year weight change in young adult Vietnam-era twins: Effects of genetics and frequency of contact. Paper presentation at the annual meeting of the Behavior Genetics Association, Newport, RI.

28) **Leahey, T. M.**, Bond, D. S., Thomas, J. G., Raynor, H., Vithiananthan, S. Roye, D., Pohl, D., Ryder, B., Sax, H. C., & Wing, R. R. (2010). Bariatric surgery is not associated with long-term changes in food preferences. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.

29) Thomas, J. G., Bond, D. S., **Leahey, T. M.**, Ryder, B., Roye, D., Vithiananthan, S., Sax, H. C., Pohl, D., & Wing, R. R. (2010). Evaluation of post-operative adherence to recommended eating and activity behaviors in patients' natural environment via ecological momentary assessment. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.

30) Bond, D. S., Vithiananthan, S., **Leahey, T. M.**, Thomas, J. G., Pohl., D., Ryder, B. A., Roye, D., Giovanni, J., Sax, H. C., & Wing, R. R. (2010). Significant resolution of female sexual dysfunction following bariatric surgery. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Las Vegas, NV.

31) **Leahey, T. M.**, Bond, D., Thomas, J., Raynor, H., Roye, D., Pohl, D., Vithiananthan, S., Ryder, B., Sax, H., & Wing, R. R. (2009). Do food cravings and the consumption of craved food "normalize" after bariatric surgery? Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.

32) Bond, D., Jakicic, J., **Leahey, T. M.**, Thomas, J., Vithiananthan, S., Pohl, D., Roye, D., Ryder, B., Sax, H., Wing, R. R. (2009). Objective quantification of amount and intensity of physical activity in bariatric surgery candidates and age- and sex-matched normal weight controls. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.

33) Thomas, J., Bond, D., Pohl, D., Roye, D., Vithiananthan, S., Ryder, B., **Leahey, T. M.**, Raynor, H., Sax, H., Wing, R. (2009). Internal disinhibition predicts weight loss immediately following bariatric surgery. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.

34) Bond, D., Vithiananthan, S., Sax, H., Pohl, D., Ryder, B., **Leahey, T. M.**, Thomas, J., Wing, R. R. (2009). Prevalence and degree of sexual dysfunction in women seeking bariatric surgery. Paper presentation at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Grapevine, TX.

INTERNATIONAL / NATIONAL CONFERENCE POSTER PRESENTATIONS

* indicates student/mentee

35) Erem, C., Rosen, A., Mobley, A., Vergara, A. I., **Leahey, T. M.,** Huedo-Medina, T. B. (2026). Olive oil but not whole grains: The uneven erosion of the Mediterranean Diet in

Spanish and US adolescents. Presented at the annual meeting of the Nutrients Conference, Barcelona, Spain.

36) Huedo-Medina, T. B., Mobley, A., Rosen, A., Erem, C., Vergara, A., **Leahey, T. M.** (2026). Quality over quantity: Perceived school-food quality, not how often it is eaten, predicts Mediterranean Diet adherence in Spanish and US adolescents. Presented at the annual meeting of the Nutrients Conference, Barcelona, Spain.

37) Montanari, A.,* Gorin, A., McManus-Shipp, K.*, Tate, D., **Leahey, T. M** (2026). Early non-response in an mHealth weight loss intervention for adults with socioeconomic disadvantage. Presented at the annual meeting of the Obesity Society, Washington, DC.

38) Montanari, A.,* Burke, J. D., **Leahey, T. M**., & Gorin, A. A. (2025). The impact of early non-response among dyads in a couples-based weight loss intervention. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

39) Litvin Bloom, E., Waring, J., Japuntich, S. J., **Leahey T.M.**, Dunsiger, S., Rose, J. (2025). I Bet I Can Quit: NIH SBIR-funded Randomized Trial of a Gamified Smoking Cessation App with a Deposit Contract. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

40) O'Connor, K. F.*, Calcaterra, J.*, Hahn, K. R.*, Falk, G.*, Jenkins, K.*, Field, C. M.*, Denmat, Z. A., Gorin, A. A. **Leahey, T. M.** (2024). Influence of Stress and Resilience on Behavioral Weight Loss Maintenance Outcomes Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

41) Montanari, A.*, Cornelius, T., **Leahey, T. M.**, Gorin, A. A. (2023). Home food cues and shared meals are associated with dyad weight loss in a couples-based intervention. Presented at the annual meeting of The Obesity Society, Dallas, TX.

42) Hahn, K. R.*, O'Connor, K. F.*, Huedo-Medina, T. B., Gorin, A. A., & **Leahey, T. M.** (2023). Impact of resiliency and stress on the physical activity intention-behavior gap during weight loss maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

43) O'Connor, K. F.*, McManus, Shipp, K. E.*, Jenkins, K.*, Pham, J.*, Denmat, Z. A., LaRose, J., Gorin, A. A., **Leahey, T. M.** (2023). Impact of Stress and Resiliency on Behavioral Weight Loss Outcomes. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

44) Hubert, P. A.*, **Leahey, T. M.**, Shrestha, R., Blackman Carr, L. T., Duffy, V. (2023) Development and initial feasibility testing of an online intervention following the Information-Motivation-Behavioral Skills Model to promote healthier behaviors in young women. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

45) Baker, O.*, Cornelius, T., Gorin, A. A., & **Leahey, T. M.** (2023). Similar weight similar activity: Peer days and weight loss maintenance outcomes. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

46) Field, C.,* **Leahey, T.M.**, Denmat, Z. A., & Gorin, A. A. (2023). Evaluating the utility of temporal self-regulation theory for predicting physical activity during weight loss

maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

47) Wyckoff, E., Field, C., O'Connor, K., Denmat, Z. A., **Leahey, T. M.**, & Gorin, A. A. (2023). Affect dynamics and physical activity in adults in a behavioral weight loss program. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

48) McManus-Shipp, K., E.,* O'Connor, K. F.,* **Leahey, T. M.**, Gorin, A. A. (2023). Entry level behavioral skills and mindsets associated with weight loss. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

49) Montanari, A., Cornelius, T., **Leahey, T. M.**, Gorin, A. A. (2023). The impact of roles and nutritional responsibilities within a dyad on weight loss outcomes in a couples-based intervention. Presented at the annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.

50) Montanari, A.*, Cornelius, T., **Leahey, T. M.**, Gorin, A. A. (2022) Home food cues and shared meals associated with dyad weight loss success in a couples-based intervention. Presented at the annual meeting of The Obesity Society, San Diego, CA.

51) McManus-Shipp, K.*, Cornelius, T., Wojtanowski, A., **Leahey, T.**, Foster, G., Gorin, A. (2022) The Impact of Family Functioning on Weight Loss Success in Adults. Presented at the annual meeting of The Obesity Society, San Diego, CA.

52) Jenkins, K.*, O'Connor, K. F.*, Hahn, K. R.*, McManus, Shipp, K. E.*, Unick, J. L., Gorin, A. A., **Leahey, T. M.** (2022). Impact of COVID-19 on Weight and Exercise Habits in a Behavioral Weight Loss Maintenance Program. Presented at the annual meeting of The Obesity Society, San Diego, CA.

53) Field, C.*, **Leahey, T.**, Denmat, Z., O'Connor, K. F.*, Gorin, A. (2022). Habit formation in an online intervention: impact on weight loss and the role of executive function. Presented at the annual meeting of The Obesity Society, San Diego, CA.

54) Grace, H.,* Cornelius, T., Gettens, K., **Leahey, T.**, Gorin, A. (2022). Habit Formation in a Couples-Based Weight Loss Intervention. Presented at the annual meeting of The Obesity Society, San Diego, CA.

55) Lewey, J.*, **Leahey, T.**, Stupp, S., Riis, V., Levine, L., Elovitz, M., Allison, K. (2022). Remote behavioral weight loss intervention for postpartum mothers with cardiovascular risk factors. Presented at the annual meeting of The Obesity Society, San Diego, CA.

56) Bediako, H., Allison, K., **Leahey, T.**, Stupp, S., Riis, V., Levine, L., Elovitz, M., Shea, J., Lewey, J.* (2022). Presented at the annual meeting of the American Heart Association, Chicago, IL.

57) Litvin Bloom, E., Japuntich, S., Tsuei, J., Alavi, A., Dallery, J., **Leahey, T. M.**, Rosen, J. (2023). Academia-Industry Collaboration to Develop a Digital Social Game for Cigarette Smoking Cessation. Presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Antoni, TX.

58) Marfo, N.*, Coman, E., **Leahey, T.**, Cooksey-Stowers, K., Gorin, A. A. (2023). The influence of neighborhood characteristics on individual weight loss in a clinical trial.

Presented at the International Society of Behavioral Nutrition and Physical Activity, Upsalla, SE.

59) O'Connor K. F.*, Hahn K. R.*, Denmat Z.*, Field C. M.*, Blackman-Carr L*, Gorin A. A., **Leahey, T. M.** (2022). Impact of COVID-19 lockdown on calorie intake, exercise, weight loss and stress in an online behavioral weight loss program. Presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

60) Pham, J.*, Harris-Starling, C.*, Gilder, C.*, Denmat, Z.*, Jenkins, K.*, Gorin, A. A., **Leahey, T. M.** (2022). Feasibility and Acceptability of Remote vs. In-Person Treatment Delivery in the Era of COVID-19. Presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

61) Hubert, P.*, Huedo-Medina, T., **Leahey, T. M**., Duffy, V. B. (2021). Examining the Relationships between Physical Activity Liking, Perceived Body Size, and Eating Behaviors among College Women. Poster presentation at the meeting of the American College Health Association (virtual event).

62) Field, C.,* Wyckoff, E.,* **Leahey, T. M.,** Gorin, A. A. (2020). The influence of impulsivity and parental control on diet and weight in emerging adults. Abstract accepted to the meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.

63) Field, C.,* Grenga, A., Denmat, Z., Gorin, A. A., **Leahey, T. M**. (2020) Effects of social comparison orientation on outcomes in adults enrolled in a group-based behavioral weight loss program. Abstract accepted to the meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.

64) O'Connor, K.,* Gorin, A. A., Grenga, A., Denmat, Z., **Leahey, T. M**. (2020). Effects of autonomy support, diet and exercise support, and accountability on weight loss outcomes in a trial involving lay coaches. Abstract accepted to the meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.

65) Benson, M.*, Wyckoff, E.*, Denmat, Z., Field, C.*, Gorin, A., A., LaRose, J., **Leahey, T. M**. (2020). Executive functioning and foods in the home before and during an online behavioral weight loss program. Abstract accepted to the meeting of the Society of Behavioral Medicine, San Francisco, CA. Meeting cancelled due to COVID-19.

66) Litvin Bloom, E., Japuntich, S. J., Pierro, A., Dallery, J., **Leahey, T. M.**, Rosen, J. (2020). Pilot Trial of QuitBet - A Digital Social Game that Pays You to Stop Smoking. Presented at the annual meeting of the UConn Center for mHealth and Social Media, Storrs, CT (virtual event).

67) Lanoye, A.,* Rybarczyk, B. D., Evans, R. K., **Leahey, T. M.**, LaRose, J. G. (2019). Aerobic Exercise Exposure Targeting Anxiety Sensitivity: Effects on Associated Health Behaviors in Young Adults. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

68) Volz, K.,* Wyckoff, E.,* **Leahey, T. M.** (2019). The impact of socioeconomic status and stress on engagement and outcomes in an online behavioral weight loss program.

Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

69) Gilder, C.,* Gorin, A., **Leahey, T. M.** (2019). Impact of social connectedness on BMI and obesity treatment outcomes. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

70) LaRose, J. G., Lanoye, A.*, **Leahey, T. M.**, Hart, C. N. (2018). Identifying Predictors of Insufficient Treatment Response in Emerging Adults. Presented at the annual meeting of The Obesity Society, Washington, DC.

71) **Leahey, T. M.,** Grenga, A., Denmat, Z., Grenga, A., Gay, L., Fernandes, D., Denmat, Z.*, Doyle, C.*, Huedo-Medina, T. S., Areny, R., Wing, R. R. (2018). Patient-delivered e-coaching improves weight loss outcomes: Results from the INSPIRE Trial. Presented at the annual meeting of The Obesity Society, Washington, DC.

72) Bihuniak, J., Bryant, T., Kleiman, J., Rotondo, M.,* Decoteau, J.,* Haisley, S., Monserrate, D., Cunningham, M., MacKenzie, A., Dauz, S., Ippolito, R., Fernandes, N., LaRose, J. G., **Leahey, T. M.** (2017). Behavioral Weight Loss Preferences of Overweight/Obese College Students. Presented at the annual meeting of The Obesity Society, Washington, DC.

73) Sacco, S.*, Grenga, A., Huedo-Medina, T., **Leahey, T. M.** (2017). Total regulatory focus: The influence of promotion and prevention focus on body mass index. Presented at the annual meeting of the Association for Psychological Science, Boston, MA.

74) Mitchell, M.*, White, L., Oh, P., Alter, D. A., **Leahey, T. M.**, Faulkner, G. (2017). Uptake of an incentive-based mHealth application for chronic disease prevention: Process evaluation of the carrot rewards app. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

75) **Leahey, T. M.**, LaRose, J., Wing, R. R. (2016). Internet behavioral weight loss treatment plus small financial incentives: A novel approach to promote weight loss in high-risk, lower income populations. Presented at the annual meeting of The Obesity Society, New Orleans, LA.

76) Naparstek, J.*, Wing, R. R., **Leahey, T. M.** (2016). Internet-delivered obesity treatment improves depression. Presented at the annual meeting of The Obesity Society, New Orleans, LA.

77) Megson, M.*, Wing, R. R., **Leahey, T. M.** (2016). Effects of breakfast eating and eating frequency on body mass index and weight loss among adults enrolled in a Web-based obesity treatment program. Presented at the annual meeting of The Obesity Society, New Orleans, LA.

78) Farenga, G.*, Wing, R. R., **Leahey, T. M.** (2016). Effects of sugar sweetened beverage intake on obesity treatment outcomes. Presented at the annual meeting of The Obesity Society, New Orleans, LA.

79) Williams, G.*, Crowther, J., Ciesla, J., **Leahey, T. M.** (2015). The effects of multiple appearance-focused social comparisons in the natural environment. Presented at the

annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

80) Lanoye, A.*, Grenga, A., **Leahey, T. M.**, LaRose, J. G. (2015). Weight loss motives and relationship to outcomes in a lifestyle intervention: Young v. older adults. Presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

81) Lillis, J., Unick, J., Niemeier, H., Kendra, K., Thomas, J., **Leahey, T. M.,** Wing, R. R. (2014). The role of avoidance-based coping in the psychosocial functioning of weight loss treatment seeking adults. Presented at the annual meeting of The Obesity Society, Boston, MA.

82) Unick, J., Dorfman, L., **Leahey, T. M**., Wing, R. R. (2014). A preliminary investigation into whether early intervention can improve weight loss among those initially non-responsive to an Internet-based behavioral program. Presented at the annual meeting of The Obesity Society, Boston, MA.

83) Williams, G. A.*, Crowther, J. H., Ciesla, J. A., **Leahey, T. M.** (2014). Affect following appearance-focused social comparisons: Do the effects last? Presented at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

84) Doyle, C.*, **Leahey, T. M.**, Hart, C. (2014). Sleep-timing discrepancies and light exposure are not associated with BMI in a treatment seeking overweight / obese population. Presented at the annual meeting of The Obesity Society, Boston, MA.

85) **Leahey, T. M.**, LaRose, J., Wing, R. (2014). Effects of modest financial incentives on intrinsic and extrinsic motivation for weight loss. Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

86) Xu, X.*, **Leahey, T. M.**, Boguszewski, K.*, Krupel, K., Kent, K.*, Wing, R. R. (2014). Self-expansion during a behavioral weight loss intervention is associated with better objective adherence and outcomes. Presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

87) Williams, G. A.*, Crowther, J. H., Bucholz, L. J., Coifman, K., **Leahey, T. M.**, Ciesla, J. (2013). Characteristics of affect in bulimia nervosa. Presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

88) Himes, S. M., Vithiananthan, S., Wing, R. R., **Leahey, T. M.** (2013). Project HELP: A 5 Week Behavioral Intervention to Reduce Excessive Vomiting and Gastrointestinal Complications in Post-operative Lap-Band Patients. Presented at the annual meeting of The Obesity Society, Atlanta, GA.

89) Lillis, J., Wing, R. R., Thomas, G., **Leahey, T. M.**, Unick, J. L., Kendra, K. E., Niemeier, H., Samuels, A. I., Dorfman, L. (2013). The impact of obesity stigma on health behaviors among treatment seeking adults. Presented at the annual meeting of The Obesity Society, Atlanta, GA.

90) **Leahey, T. M.** & Rosen, J. (2013). DietBet, Inc.: Web-based social gaming and financial incentives for weight loss. Presented at the annual meeting of The Obesity Society, Atlanta, GA.

91) Kuhl, E., Jelalian, E., Hart, C., **Leahey, T. M.**, Wing, R. (2013). Influence of children on weight outcomes for adults participating in an Internet behavioral weight loss intervention. Presented at the annual meeting of The Obesity Society, Atlanta, GA.

92) Thomas, J. G., **Leahey, T. M.**, Gettens, K., & Wing, R. R. (2012). Innovative technology to improve patient adherence to physician weight loss recommendations. Presented at the annual meeting of The Obesity Society, San Antonio, TX.

93) Xu, X.*, **Leahey, T. M.**, Wing, R. R. (2012). The power of tenacity: Behavioral perseverance is associated with successful weight loss and increases in physical activity. Presented at the annual meeting of The Obesity Society, San Antonio, TX.

94) Williams, N. M., Smith, K. E., **Leahey, T. M.**, Crowther, J. H. (2011). The point prevalence of eating pathology across time: Examination of the Eating Disorder Diagnostic Scale from 2005-2011. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

95) O'Brien, E., **Leahey, T. M.**, Fava, J, Subak, L. L., Stone, K., Hart, C. N., Cairns, A., Demos, K., & Wing, R. R. (2011). Sleep duration does not predict weight loss outcomes and does not change following a behavioral weight loss program. Presented at the annual meeting of The Obesity Society, Orlando, FL.

96) **Leahey, T. M.** & Wing, R. R. (2011). A randomized trial testing three types of health coaches for obesity treatment. Presented at the annual meeting of The Obesity Society, Orlando, FL.

97) Smith, K. E., Crowther, J. C., Irwin, S. R., Zografakis, J., & **Leahey, T. M.** (2010). The Eating Disorder Examination Questionnaire with bariatric surgery populations. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

98) McCaffery, J. M., Franz, C. E., **Leahey, T. M.**, Wing, R. R., Lyons, M. J., & Kremen, W. S. (2010). Twenty year weight gains in young adult Vietnam-era twins: The effects of frequency of contact. Presented at the annual meeting of The Obesity Society, San Diego, CA.

99) **Leahey, T. M.**, Thomas, J. G., Gokee LaRose, J., & Wing, R. R. (2010). A randomized trail testing the effects of social reinforcement on weight loss. Presented at the annual meeting of The Obesity Society, San Diego, CA.

100) **Leahey, T. M.**, Gokee LaRose, J., & Wing, R. R. (2010). Obesity clusters in young adults but social norms for obesity do not differ between normal weight and overweight/obese young adults. Presented at the annual meeting of The Obesity Society, San Diego, CA.

101) **Leahey, T. M.**, Gokee LaRose, J., & Wing, R. R. (2010). Social contacts and social norms affect weight loss intentions in young adults. Presented at the annual meeting of The Obesity Society, San Diego, CA.

102) **Leahey, T. M.**, Gokee LaRose, J., Thomas, J. G., & Wing, R. R. (2010). Social comparisons among members of a behavioral weight loss program are associated with

weight loss outcomes. Presented at the annual meeting of The Obesity Society, San Diego, CA.

103) **Leahey, T. M.**, Crane, M., Pinto, A. M., Weinberg, B., Kumar, R., Fava, J., & Wing, R. R. (2009). Choose your team wisely: Team characteristics affect change in steps during a state-wide physical activity campaign. Presented at the annual meeting of The Obesity Society, Washington, DC.

104) **Leahey, T. M.,** Gokee-LaRose, J., Thomas, G., Wing, R. R. (2009). Social distancing and weight loss in a behavioral intervention. Presented at the annual meeting of The Obesity Society, Washington, DC.

105) Bond, D., Jakicic, J. M., Thomas, G., **Leahey, T. M.,** Vithiananthan, S, Pohl, D., Roye, D.G., Ryder, B. A., Sax, H.C., Wing, R. R. (2009). Evaluation of objectively-measured and self-reported pre- to post-operative changes in physical activity among bariatric surgery patients. Presented at the annual meeting of The Obesity Society, Washington, DC.

106) Crane, M., Kumar, R., Weinberg, B., Pinto, A., Gorin, A., Fava, J., **Leahey, T.M.**, & Wing R. (2009). Increasing physical activity through a state-wide campaign. Presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.

107) Bond, D. S., Phelan, S., **Leahey, T. M.,** Hill, J. O., & Wing, R.R. (2008). Successful long-term weight loss maintenance after bariatric surgery: Can similar weight losses be achieved and maintained through non-surgical methods? Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

108) **Leahey, T. M.**, & Crowther, J. H. (2007). A naturalistic examination of the effects of body-focused social comparisons with media images. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

109) Reddy, S. D., Crowther, J. H., **Leahey, T. M.**, Irwin, S., & Gunstad, J. (2007). Binge eating in morbidly obese individuals undergoing bariatric surgery: A comparison of the Eating Disorder Examination Questionnaire and the Questionnaire on Eating and Weight Patterns Revised. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

110) **Leahey, T. M.**, Crowther, J. H., Wing, R. R. (2007). A naturalistic assessment of the effects of weight comparisons on diet, exercise, and motivation to lose weight. Presented at the annual meeting of The Obesity Society, Phoenix, AZ.

111) **Leahey, T. M.**, Bond, D., Irwin, S., Crowther, J. H., Wing, R. R. (2007). When is the best time to deliver a behavioral intervention to bariatric surgery patients, pre- or post-surgery? Presented at the annual meeting of The Obesity Society, Phoenix, AZ.

112) Luce, K. H., Crowther, J. H., & **Leahey, T. M.** (2007). Do restrained eaters restrict their caloric intake prior to drinking? Presented at the annual meeting of the American Psychological Association, San Francisco, CA.

113) **Leahey, T. M.,** & Crowther, J. H. (2006). The effects of naturally occurring appearance-focused social comparisons on women with depressive symptomatology. Presented at

the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

114) **Leahey, T. M.**, Crowther, J. H., & Mickelson, K. D. (2005). An ecological momentary assessment of the effects of appearance-focused social comparisons on women's affect and cognitions. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

115) Swaim, J. C., **Leahey, T. M.**, McMullen, M. J., Williams, C. J., Gilbertson, A. D., Moore, J. L. (2005). Psychological sequelae of non-lethal gunshot incidents. Presented at the annual meeting of the American Psychological Association, Washington, DC.

116) **Leahey, T. M.**, Reddy, S. R., & Crowther, J. H. (2004). Changes in body image and body image dissatisfaction across the years. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

117) Reddy, S. D., Karazsia, B., **Leahey, T. M.**, & Crowther, J. H. (2004). Body image amongst men and women: Are there gender differences in the pathways to body dissatisfaction? Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

118) Crowther, J. H., **Leahey, T. M.**, Sherwood, N., Dalton, G., Horton, H., & Pole, M. (2003). The role of avoidance coping, self-nurturance, and hunger in bulimia nervosa. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

INVITED PRESENTATIONS

1) **Leahey, T. M.** (2026). Next major challenges in lifestyle interventions for obesity treatment: Dissemination and weight loss maintenance. Invited talk given at the UConn Health Endocrinology Grand Rounds, Farmington, CT.

2) **Leahey, T. M.** (2024, 2025, 2026). Treatment adherence. Invited talk given at the NIH Summer Institute on Randomized Behavioral Clinical Trials. Madison, WI; Salt Lake City, UT.

3) **Leahey, T. M.** (2024). Innovations in weight management research. Invited talk given at Waybetter, Inc., New York, NY.

4) **Leahey, T. M.** (2023). Measuring and maximizing treatment adherence. Invited talk given at the OBSSR Summer Institute on Randomized Behavioral Clinical Trials, Potomac, MD.

5) **Leahey, T. M.** (2022). Designing and refining behavioral interventions. Invited talk given at the OBSSR Summer Institute on Randomized Behavioral Clinical Trials, Potomac, MD.

6) **Leahey, T. M.** (2021). Social reinforcement for maintenance of health behavior change. Invited talk given at the 2021 Working Conference on Peer Support in Diabetes, University of North Carolina Chapel Hill (remote).

7) **Leahey, T. M**. (2021). Cost-effective behavioral interventions for obesity treatment. Invited talk given at the NIH-funded Nutrition Obesity Research Center (NORC) at the University of Alabama at Birmingham (virtual event).

8) **Leahey, T. M.** (2021). Behavioral economics and peer support. Invited talk given at the University of Michigan (virtual event).

9) **Leahey, T. M.** (2013 - 2021). Recruitment and adherence in RCTs involving behavioral interventions. Annual invited talk given at the NIH OBSSR / NHLBI Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions; Warrenton, VA; Potomac, MD.

10) **Leahey, T. M.,** Gorin, A. A. (2020). Episodic future thinking, delay discounting, and weight loss maintenance. Invited talk at the National Institutes of Health Science of Behavior Change Meeting, Bethesda, MD. Meeting canceled due to COVID-19.

11) **Leahey, T. M.** (2020). Behavioral economics and peer support. Invited talk at the University of Michigan's Center for Diabetes Translational Research, Ann Arbor, MD. Meeting canceled due to COVID-19.

12) **Leahey, T. M.**, Gorin, A. A. (2019). Is long-term maintenance worth the wait? Using real time data capture to examine delay discounting as a putative target of physical activity adherence in weight loss maintenance interventions. Invited talk given at the National Institutes of Health Science of Behavior Change Meeting, Bethesda, MD.

13) **Leahey, T. M.** (2019). Networking and building collaborations. Panel presentation for the Obesity and Eating Disorders Special Interest Group given at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

14) **Leahey, T. M.** & Gorin, A. A. (2018). Overview of the NIH SOBC PACE Trial. Invited talk given at the University of Buffalo's Jacob School of Medicine, Department of Pediatrics; Buffalo, NY.

15) **Leahey, T. M.** (2018). Next frontiers of obesity treatment: Dissemination and weight loss maintenance. Invited Keynote Speaker, Kent State University's Psychology Department 50th Anniversary Alumni Reunion; Kent, OH.

16) **Leahey, T. M.** (2018). Obesity research agenda: Overview, key findings, and future directions. Invited talk to be given at the University of Michigan's Center for Diabetes Translational Research; Ann Arbor, MI.

17) **Leahey, T. M.** (2018). The CHAMPS Trial: Rationale, Methods, and Next Steps. Invited talk given at the Rudd Center for Food Policy and Obesity; Hartford, CT.

18) **Leahey, T. M.** (2015) Leveraging financial incentives and social influence to address current challenges in obesity treatment. Invited talk given at the Yale Chronic Disease and Epidemiology Seminar Series; New Haven, CT.

19) **Leahey, T. M.** (2015). Next frontiers in obesity treatment: Disseminating evidence-based strategies and weight loss maintenance. Invited talk given at the UConn Department of Nutrition Seminar Series; Storrs, CT.

20) **Leahey, T. M.** (2015). Reducing obesity in the U.S. by using financial incentives and gamification. Invited talk given at the University of Vermont's Center on Behavior and Health Annual Behavior Change Conference; Burlington, VT.

21) **Leahey, T.M.** (2015). Harnessing financial incentives and social influence to address current challenges in obesity treatment research. Invited talk given at the 2014-2015 CHIP lecture series, Storrs, CT.

22) **Leahey, T. M.** (2014). Behavioral economics for obesity treatment. Invited talk given at the University of Vermont's Center on Behavior and Health Annual Behavior Change Conference; Burlington, VT.

23) **Leahey, T. M.** (2014). Behavioral economics and social networks for obesity treatment. Invited talk given at the University of Massachusetts Medical School's Division of Preventive and Behavioral Medicine Seminar Series; Worchester, MA.

24) **Leahey, T. M.** (2014). Financial rewards and social networks for obesity treatment. Invited grand rounds given at the University of Vermont; Burlington, VT.

25) **Leahey, T. M.** (2013). Social influence and financial incentives for weight loss and weight loss maintenance. Invited talk given at DietBet, Inc.; New York, NY.

26) **Leahey, T. M.** (2012). Social influence and weight control. Invited grand rounds given at New Jersey Medical School; Newark, NJ.

27) Kumar, R., **Leahey, T.M.**, & Miller, L (2012). Healthy behaviors are contagious. Invited talk given at Shape Up, Inc.'s nationally-broadcasted Webinar; Providence, RI.

28) **Leahey, T. M.** (2012). Obesity and social networks. Invited talk given at the American College of Preventive Medicine; Orlando, FL.

29) **Leahey, T. M.** (2010). Keeping the pounds off: Behavioral strategies for long-term weight control. Invited talk given at the United Health Services Hospitals' Weight Management and Diabetes Teaching Day; Binghamton, NY.

TEACHING

UNIVERSITY TEACHING ROLES

Spring 2026	*Research in Allied Health Sciences - Obesity*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2026	*Experiential Learning in Health Promotion (Research)*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2026	*Independent study: Intensive Scientific Writing*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2025	*Independent study: Intensive Scientific Writing*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2025	*Experiential Learning in Health Promotion (Research)*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2025	*Experiential Learning in Health Promotion (Research)*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2023	*Independent study: Intensive Grant Writing*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2022	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2021	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2021	*Dietetics Research Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2020	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2020	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2020	*Dietetics Research Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2020	*Research in Allied Health Sciences - Obesity*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2020	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2019	*Research in Allied Health Sciences - Obesity*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2019	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2019	*Writing Successful Grant Proposals*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2018	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2018	*Independent Study in Obesity Research*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Summer 2018	*Summer Fellowships Writing Institute,* graduate students, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.
Spring 2018	*Seminar in Health Promotion Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2017	*Research Methods in Allied Health*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2017	*Dietetics Research Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2017	*Independent Study in Obesity Research*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2016	*Research Methods in Allied Health*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2016	*Experiential Learning in Obesity Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2016	*Independent Study in Obesity Research*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Independent Study in Obesity Research*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Dietetics Research Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2016 *Professional Development Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2015 *Independent Study in Obesity Research*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2015 *Professional Development Practicum*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2006 *Psychological Interventions*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

Fall 2006 *Writing in Psychology*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

Spring 2005 *Research Methods – Psychology*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

Spring 2005 *Writing in Psychology*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

Fall 2004 *Abnormal Psychology*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

Fall 2004 *Writing in Psychology*, undergraduate students, Department of Psychology, Kent State University, Kent, OH.

GUEST LECTURES

Fall 2024 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2020 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2020 *Faculty NIH "R" mechanism Grant Writing Bootcamp: The Review Process*, UConn Faculty, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.

Fall 2019 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2019 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*,

undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2018 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2018 *Faculty Grant Writing Bootcamp: How to Approach the Approach Section*, UConn faculty, Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, Storrs, CT.

Spring 2018 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2017 *Obesity Assessment, Prevention and Treatment throughout the Lifecycle*, undergraduate and graduate students, Department of Nutrition, University of Connecticut, Storrs, CT.

Fall 2017 *Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment,* undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2017 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2017 *Research Methods in Allied Health: Ethics,* graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2017 *Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2017 *Introduction to Allied Health Professions: Clinical Health Psychology*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2017 *Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Fall 2016 *Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.

Spring 2016	*Contemporary Nutrition Practice: Workshop in Behavioral Interventions for Obesity Treatment,* undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Introduction to Allied Health Professions: Clinical Health Psychology*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Health Education and Behavioral Interventions for At-Risk Populations: Self-regulation for Health Behavior Change*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Current Issues in Health: The Obesity Epidemic and Strategies for Successful Weight Control*, undergraduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2016	*Graduate Research Methods in Allied Health: Development of Theory-based Health Promotion Interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2015	*Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2015	*Program Planning and Evaluation for Health Professionals: Obesity interventions,* graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Spring 2015	*Graduate Research Methods in Allied Health: Development of Theory-based Health Promotion Interventions*, graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2014	*Critical Issues in Health Promotion: Obesity Prevalence and Treatment*, undergraduate and graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2014	*Program Planning and Evaluation for Health Professionals: Obesity interventions,* graduate students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2014	*Interdisciplinary Approach to Obesity Prevention: An Introduction to Lifestyle Interventions for Obesity Treatment,* undergraduate honors students, Department of Allied Health Sciences, University of Connecticut, Storrs, CT.
Fall 2014	*Obesity Prevention Learning Consortium: Translating Lifestyle Interventions for Obesity Treatment into Real-world Settings,*

undergraduate and graduate students, Department of Psychology, University of Connecticut, Storrs, CT.

Spring 2006 *Interventions in Health Psychology: Behavioral Interventions for Bariatric Surgery Patients*, graduate students, Kent State University, Kent, OH.

HOSPITAL TEACHING ROLES

Fall 2013 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and Obtaining an F-32 Award*, graduate students, Brown Medical School, Providence, RI.

Fall 2013 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment*, clinical psychology residents, Brown Medical School, Providence, RI.

Spring 2013 *Obesity: Behavioral Weight Strategies, Dissemination, and Current Research*, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.

Spring 2013 *T32 Seminar Series: Combined Interventions for Health Behavior Change*, T32 postdoctoral fellows, Brown Medical School, Providence, RI.

Fall 2012 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and Obtaining an F-32 Award*, clinical psychology residents, Brown Medical School, Providence, RI.

Fall 2012 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment*, clinical psychology residents, Brown Medical School, Providence, RI.

Spring 2012 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment*, clinical psychology residents, Brown Medical School, Providence, RI.

Fall 2011 *Obesity: Assessment and Prevalence*, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.

Fall 2011 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and Obtaining an F-32 Award*, clinical psychology residents, Brown Medical School, Providence, RI.

Spring 2011 *Obesity: Health Consequences of Obesity and the Role of Lifestyle Interventions*, postdoctoral fellows and staff, Weight Control and Diabetes Research Center, Brown Medical School, Providence, RI.

Spring 2011 *Behavioral Medicine Psychology Intern Seminar: Obesity Treatment*, clinical psychology residents, Brown Medical School, Providence, RI.

Fall 2010 *Clinical Psychology Training Consortium, Psychology Intern Core Seminar: Preparing and Obtaining an F-32 Award*, clinical psychology residents, Brown Medical School, Providence, RI.

CURRENT MENTEES

Major advisor / primary mentor:

2022-present Kayla O'Connor – Doctoral Student, University of Connecticut
Anticipated graduation date: May, 2028

2022-present Korina Hahn – Doctoral Student, University of Connecticut
Anticipated graduation date: May, 2028

2024-present Kyrstyn Jenkins – Doctoral Student, University of Connecticut
Anticipated graduation date: May 2028

Associate advisor:

2022-present Olivia Baker – Doctoral Student, University of Connecticut

2022-present Amanda Montanari – Doctoral Student, University of Connecticut

2026-present Kiran Paudel – Doctoral Student, University of Connecticut

2026-present Shivani Vittal – Master's Student, University of Connecticut

PREVIOUS MENTEES

Major advisor / primary mentor:

2022-2024 Kyrstyn Jenkins – Master's Student, University of Connecticut

2020-2022 Kayla O'Connor – Master's Student, University of Connecticut

2020-2022 Korina Hahn – Master's Student, University of Connecticut

2016-2021 Carnisha Gilder – Doctoral Student, University of Connecticut

2018-2020 Jocelyn Rossitto – Honor's Student, University of Connecticut

2017-2019 Kristen Volz – Master's Student, University of Connecticut

2017-2019 Shelby Brewer – Master's Student, University of Connecticut

2017-2018 Lauren Timmerman - Master's Student, University of Connecticut

2014-2016 Jacob Naparstek – Honor's Student, University of Connecticut

2014-2017 Marc Mitchell - Postdoctoral Fellow, University of Toronto

2015-2017 Marisa Creatura - Master's Student, University of Connecticut

2015-2016 Maureen Megson - Honor's Student, University of Connecticut

2015-2016 Natasha Dang – Master's Student, University of Connecticut

2013-2016 Caroline Doyle - Research Assistant and Mentee, Brown Medical School

2012-2014 Xiaomeng (Mona) Xu - T32 Postdoctoral Fellow, Brown Medical School

2012-2014 Diana Rancourt - T32 Postdoctoral Fellow, Brown Medical School

2012-2014 Andrew Seiden - Research Assistant and Mentee, Brown Medical School

2011-2013 Katherine Boguszewski - Research Assistant and Mentee, Brown Medical School

2010-2014 Kimberly Kent - Research Assistant and Mentee Brown Medical School

Associate advisor:

2020-2026	Grace Hand – Doctoral Student, University of Connecticut
2020-2026	Christiana Field – Doctoral Student, University of Connecticut
2019-2026	Jared Goetz – Doctoral Student, University of Connecticut
2025-2026	Kamal Gautam – Doctoral Student, University of Connecticut
2024-2026	Summaya Abdul Razak – Doctoral Student, University of Connecticut
2022-2026	Katherine McManus-Shipp – Doctoral Student, University of Connecticut
2022-2025	Curtis Antrum – Doctoral Student, University of Connecticut
2022-2025	Richard Bannor – Doctoral Student, University of Connecticut
2017-2019	Alexis Ludwig – Master's Student, University of Connecticut
2016-2018	Summer Yule – Master's Student, University of Connecticut
2014-2018	Autumn Lanoye – Doctoral Student, Virginia Commonwealth University
2017	Roman Shrestha - Doctoral Student, University of Connecticut
2015-2017	Pramila Karki – Master's Student, University of Connecticut
2015-2017	Chanchala Tiwari – Master's Student, University of Connecticut
2016-2017	Melissa Depaolo – Master's Student, University of Connecticut
2015-2016	Kayla Vosburgh - Master's Student, University of Connecticut
2015-2016	Cheyanne Barclay - Master's Student, University of Connecticut

ACADEMIC ADVISING

2019-2020: 1 Undergraduate Student (1 Honors)
2018-2019: 5 Undergraduate Students (4 Honors)
2017-2018: 7 Undergraduate Students (5 Honors)
2016-2017: 9 Undergraduate Students (8 Honors)
2015-2016: 4 Undergraduate Students (3 Honors)

COMMUNITY OUTREACH

1) **Leahey, T. M.** (2020). Obesity Consequences and Treatment. Invited talk given at UConn Health's Parental Seminar Series for Underrepresented High School Students in the Doctors Academy Program; Farmington, CT.

2) **Leahey, T. M.** (2014). Impact of obesity on underserved populations. Invited talk given at Lifespan's community's health advocacy meeting; Providence, RI.

3) **Leahey, T. M.** (2012). Is health behavior contagious? The effects of social networks on weight, diet, and physical activity. Invited talk given at The Miriam Hospital's women's wellness workshop; Warwick, RI.

4) **Leahey, T. M.** (2009). Cutting-edge approaches to prevent and treat obesity. Invited talk given at The Miriam Hospital's women's wellness workshop; Warwick, RI.

5) **Leahey, T. M.** (2008). New strategies to prevent and treat obesity. Invited talk given at The Miriam Hospital's community health workshop; Foxboro, MA.

6) **Leahey, T. M.** (2008). Weight control in women. Invited talk given at the annual Rhode Island Hospital breast imaging seminar series; Providence, RI.

INDUSTRY WORK

2023-2025	Expert Council, Waybetter, Inc., New York, NY.
2014-2022	Chief Scientist, Waybetter, Inc., New York, NY.

MEDIA COVERAGE OF RESEARCH (INTERNATIONAL, NATIONAL, AND LOCAL)

New York Times
NPR
Wall Street Journal
Time Magazine
ABC news
Huffington Post
Forbes
Yahoo News
French Tribune (France)
Medical News Today (U.K.)
Irish Health (Ireland)
Sky News (Australia)
Daily Mail (U.K.)
Terra Brasil
Asian News International
Science Daily
AARP News
Jamaica Observer
WebMD
Men's Health Magazine
Women's Health Magazine
Health Magazine
Self Magazine
Shape Magazine
Allure Magazine
Cosmopolitan Magazine
Woman's Day Magazine
Fitness Magazine
Weight Watchers Magazine
Prevention Magazine
Good Housekeeping Magazine
Endocrine Today
Success Magazine
Woman's World
New York Daily News
New York Business Journal
Sarasota Herald Tribune
Toronto Star
CJAD 800 Radio, Montreal, Canada
Uniradio Informa
Providence Journal
UConn Today
Naturally UConn
InCHIP Newsletter